

## Maternal Mental Health Screening

California Senate Bill 1207

Score an [APA recommended screening tool](#)<sup>1</sup> during and after pregnancy and retain in medical record

Patient does not screen positive for a mental health condition

Explain common prenatal and postpartum mental health symptoms and encourage patient to contact provider if symptoms appear or worsen.

Submit claim with CPT code<sup>2</sup> and HCPCS code **G8510** indicating a follow-up plan isn't needed.

Patient does screen positive for a mental health condition

There are various treatment options for members including:

- Treatment by the screening provider.
  - [Maven Maternity Program](#) virtual care.
  - [Magellan Behavioral Health](#) outpatient or inpatient treatment. (Email [BSCClinicalLiaison@MagellanHealth](mailto:BSCClinicalLiaison@MagellanHealth) to make referrals.)
- Blue Shield Care Management can also help members navigate treatment options. Email or fax the [Mental Health Referral Form](#) to refer a member.

Submit claim with CPT code<sup>2</sup> and HCPCS code **G8431** indicating a follow-up plan is documented.

Blue Shield of California Provider Services is available to answer questions Monday through Friday, 6 a.m. to 6:30 p.m. at (800) 541-6652.

<sup>1</sup> Additional recommended screening tools: Beck Depression Inventory-II • Duke Anxiety-Depression Scale Edinburgh Perinatal Depression Scale • Generalized Anxiety Disorder-2-or GAD-7 • Patient Health Questionnaire-2

<sup>2</sup> [Preventive maternal mental health screening CPT code options](#) are found on pages 12-13 (Depression in Adults and Depression and Suicide Risk in Children and Adolescents screening), pages 25-26 (Anxiety screening), page 32 (Unhealthy Alcohol Use in Adults screening), and pages 32-33 (Unhealthy Drug Use screening)