

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Abraham, Jean-Philippe MD**

*Family Medicine*

#### **Montage Medical Group**

Only accepting current patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **Acton, Danielle MD**

*Family Medicine*

#### **Acacia Family Medical Group**

Only accepting current patients

400 E Romie Ln, Salinas, CA 93901

(831) 770-0123

### **Adekanmbi, Oluwafunmilola MD**

*Neurology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 210, Monterey, CA 93940

(831) 620-0700

### **Agarwal, Ankit MD**

*Radiation Oncology*

#### **Western Radiation Oncology**

Accepting new patients

595 Abbott St Ste A, Salinas, CA 93901

(650) 282-0757

### **Aguilar, Victor DPT**

*Physical Therapy (PT or DPT)*

#### **Damon Anderson And Associates Physical Therapy**

Accepting new patients

980 Cass St Ste A, Monterey, CA 93940

(831) 375-2466

### **Ajayi, Antonette MD**

*Pulmonary Disease*

#### **Montage Medical Group**

Only accepting current patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Al-Azzawi, Amber SLP**

*Speech Language Pathology*

#### **Monterey Bay Speech Therapy**

Accepting new patients

667 Lighthouse Ave Ste 201, Pacific Grove, CA 93950

(831) 318-0558

### **Alcantara, Kevin DPT**

*Physical Therapy (PT or DPT)*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Abundis, Rebecca DO**

*Internal Medicine*

#### **Salinas Valley Health**

Only accepting current patients

5 Lower Ragsdale Dr Ste 100, Monterey, CA 93940

(831) 624-7070

### **Adame, Mark MD**

*Family Medicine*

#### **Salinas Valley Health**

Only accepting current patients

1328 Natividad Rd, Salinas, CA 93901

(831) 757-8081

### **Agarwal, Ankit MD**

*Radiation Oncology*

#### **Western Radiation Oncology**

Accepting new patients

1069 Los Palos Dr, Salinas, CA 93901

(831) 975-5460

### **Aggarwal, Nupur MD**

*Internal Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Airola, Jill MD**

*Pediatrics*

#### **Monterey Peninsula Pediatric Medical Group**

Accepting new patients

2 Upper Ragsdale Drive, Suite B210, Monterey, CA 93940

(831) 333-0999

### **Alaniz, Samantha DPT**

*Physical Therapy (PT or DPT)*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 100, Salinas, CA 93901

(831) 755-3578

### **Albert Messiah Dhas, Jessita Singh Natasha MD**

*Internal Medicine*

#### **Montage Medical Group**

Accepting new patients

275 Crossroads Blvd Ste A, Carmel, CA 93923

(831) 718-9701

### **Alexander, Lancelot MD**

*Neurology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 210, Monterey, CA 93940

(831) 620-0700

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Alexander II, Richard MD**

*Obstetrics and Gynecology*

#### **Richard L. Alexander II MD**

Only accepting current patients

2 Upper Ragsdale Dr Ste B280, Monterey, CA 93940

(831) 373-1373

### **Amarasekera, Sohani MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

966 Cass St Ste 100, Monterey, CA 93940

(831) 373-7733

### **Anderson, Scott MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Anderson, Scott MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

220 San Jose St, Salinas, CA 93901

(831) 424-0807

### **Armer, Meredith DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### **Arreola, Guadalupe MD**

*Family Medicine*

#### **Salinas Valley Health Taylor Farms**

Accepting new patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Ataie, Yalda MD**

*Internal Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Awerbuck, David MD**

*Otolaryngology*

#### **Central Coast Head And Neck Surgeons**

Accepting new patients

966 Cass St Ste 250, Monterey, CA 93940

(831) 649-4000

### **Amarasekera, Sohani MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

### **Anderson, Damon PT**

*Physical Therapy (PT or DPT)*

#### **Damon Anderson And Associates Physical Therapy**

Accepting new patients

980 Cass St Ste A, Monterey, CA 93940

(831) 375-2466

### **Anderson, Scott MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Armas Ruiz, Angelfrey MD**

*Family Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Armer, Meredith DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

17760 Moro Rd Ste G120, Prunedale, CA 93907

(831) 322-4782

### **Arrington, Cammon MD**

*Pediatric Cardiology*

#### **LPCH Medical Group**

Accepting new patients

1900 Garden Rd Ste 130, Monterey, CA 93940

(831) 375-1000

### **Atcha, Muneera MD**

*Rheumatology*

#### **Salinas Valley Health**

Accepting new patients

321 E Romie Ln, Salinas, CA 93902

(831) 424-1400

### **Ayubi, Azra MD**

*Obstetrics and Gynecology*

#### **Salinas Valley Health**

Accepting new patients

250 San Jose St, Salinas, CA 93901

(831) 758-8223

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Ayubi, Azra MD**

*Obstetrics and Gynecology*

#### **Salinas Valley Health Taylor Farms**

Only accepting current patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Aziz, Shehzad MD**

*Hematology/Oncology*

#### **Salinas Valley Health**

Accepting new patients

505 E Romie Ln Ste A, Salinas, CA 93901

(831) 755-1701

### **Bajaj, Tarun MD**

*General Surgery*

#### **Salinas Valley Health**

Accepting new patients

236 San Jose St, Salinas, CA 93901

(831) 424-7389

### **Baker, Andrew DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

17760 Moro Rd Ste G120, Prunedale, CA 93907

(831) 322-4782

### **Baker Leyva, Sa Vanna DO**

*Family Medicine*

#### **Salinas Valley Health**

Only accepting current patients

5 Lower Ragsdale Dr Ste 100, Monterey, CA 93940

(831) 624-7070

### **Ballin, Keith OD**

*Optometry (OD)*

#### **Vantage Eye Center**

Accepting new patients

622 Abbott St, Salinas, CA 93901

(831) 771-3900

### **Barkalow, Derek DC**

*Chiropractic*

#### **Barkalow Chiropractic & Physical Medicine**

Accepting new patients

550 Camino El Estero Ste 103, Monterey, CA 93940

(831) 655-3232

### **Barnes, Derrick MD**

*Obstetrics and Gynecology*

#### **Montage Medical Group**

Accepting new patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **Azimi, Somayeh DO**

*Endocrinology*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Bahu Baugh, Najwa MD**

*Internal Medicine*

#### **Salinas Valley Health**

Accepting new patients

5 Lower Ragsdale Dr Ste 100, Monterey, CA 93940

(831) 624-7070

### **Baker, Andrew DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### **Baker, Andrew DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940

(831) 372-4782

### **Ballin, Keith OD**

*Optometry (OD)*

#### **Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

### **Ballin, Keith OD**

*Optometry (OD)*

#### **Vantage Eye Center**

Accepting new patients

966 Cass St Ste 100, Monterey, CA 93940

(831) 373-7733

### **Barnes, Derrick MD**

*Obstetrics and Gynecology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 227, Monterey, CA 93940

(831) 624-3579

### **Bassiri, Haleh MD**

*Endocrinology*

#### **Haleh G Bassiri MD**

Only accepting current patients

1010 Cass St Ste A1C, Monterey, CA 93940

(831) 655-3307

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Bathija, Rahul DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients  
143 John St, Salinas, CA 93901  
(831) 422-4782

### **Bathija, Rahul DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients  
21 Upper Ragsdale Dr Ste 125, Monterey, CA 93940  
(831) 372-4782

### **Bathija, Rahul DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients  
55 Penny Ln Ste 102, Watsonville, CA 95076  
(831) 525-4782

### **Bennett, James MD**

*Pediatrics*

#### **LPCH Medical Group**

Accepting new patients  
1900 Garden Rd Ste 110, Monterey, CA 93940  
(831) 372-5841

### **Bernardino, Carlo MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients  
622 Abbott St, Salinas, CA 93901  
(831) 771-3900

### **Bernstein, Jesse MD**

*Physical Medicine and Rehabilitation*

#### **Monterey Spine And Joint**

Accepting new patients  
21 Lower Ragsdale Dr, Monterey, CA 93940  
(831) 648-7200

### **Berte, Larry MD**

*Cardiovascular Disease*

#### **Montage Medical Group**

Accepting new patients  
30 Garden Ct Ste B, Monterey, CA 93940  
(831) 647-1123

### **Bird, Christopher MD**

*Neurology*

#### **Salinas Valley Health**

Accepting new patients  
1033 Los Palos Dr Ste A, Salinas, CA 93901  
(831) 757-2058

### **Bathija, Rahul DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients  
17760 Moro Rd Ste G120, Prunedale, CA 93907  
(831) 322-4782

### **Bathija, Rahul DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients  
2260 N Fremont St, Monterey, CA 93940  
(831) 372-4782

### **Benner, Jon MD**

*Surgery*

#### **Montage Medical Group**

Accepting new patients  
2 Upper Ragsdale Dr Ste B230, Monterey, CA 93940  
(831) 649-0808

### **Bernardino, Carlo MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients  
2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940  
(831) 647-3900

### **Bernstein, Jesse MD**

*Physical Medicine and Rehabilitation*

#### **Monterey Spine And Joint**

Accepting new patients  
12 Upper Ragsdale Dr, Monterey, CA 93940  
(831) 648-7200

### **Bernstein, Jesse MD**

*Physical Medicine and Rehabilitation*

#### **Monterey Spine And Joint**

Accepting new patients  
220 San Jose St, Salinas, CA 93901  
(831) 424-0807

### **Bidar, Maziar MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients  
966 Cass St Ste 100, Monterey, CA 93940  
(831) 373-7733

### **Biren, Catherine MD**

*Dermatology*

#### **CSI Medical Group**

Accepting new patients  
9781 Blue Larkspur Ln Ste 100, Monterey, CA 93940  
(831) 333-9008

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Blakemore, Tonya MD**

*Pediatrics*

#### **Pacific Coast Pediatrics**

Accepting new patients

260 San Jose St, Salinas, CA 93901

(831) 757-8124

### **Blum, Martha MD**

*Infectious Diseases*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Bortz, Jeffrey MD**

*Dermatology*

#### **Golden State Dermatology Associates**

Accepting new patients

100 Clock Tower Pl Ste 250, Carmel, CA 93923

(831) 308-4570

### **Brunet, Russell DO**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Cannon, Gregory MD**

*Internal Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Capron, Kelsey MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Cardoni, Lauren OT**

*Occupational Therapy*

#### **Therasens Inc**

Accepting new patients

1900 Garden Rd Ste 200C, Monterey, CA 93940

(831) 250-6770

### **Carollo, Katelin SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Block, Robert MD**

*Otolaryngology*

#### **Central Coast Head And Neck Surgeons**

Accepting new patients

1095 Los Palos Dr, Salinas, CA 93901

(831) 422-8798

### **Bonano, John MD**

*Orthopedic Surgery*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902

(831) 757-3041

### **Bradley, Thomas MD**

*Hematology/Oncology*

#### **Cancer And Blood Institute Of Monterey**

Accepting new patients

24571 Silver Cloud Ct Ste 201, Monterey, CA 93940

(831) 333-1719

### **Bushati, Elea OT**

*Occupational Therapy*

#### **Monterey Bay Speech Therapy**

Accepting new patients

667 Lighthouse Ave Ste 201, Pacific Grove, CA 93950

(831) 318-0558

### **Capodanno, Gina MD**

*Pediatric Endocrinology*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 200, Salinas, CA 93901

(831) 422-3636

### **Capron, Kelsey MD**

*Family Medicine*

#### **Salinas Valley Health Taylor Farms**

Accepting new patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Carmen, Lellivi MD**

*Family Medicine*

#### **Montage Medical Group**

Only accepting current patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **Carrillo, Raymond MD**

*Nephrology*

#### **Central Coast Nephrology**

Accepting new patients

917 Blanco Cir, Salinas, CA 93901

(831) 755-7999

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Carter, Jeffrey MD**

*Orthopedic Surgery*

**Jeffrey D Carter, M.D. Orthopedic & Sports Clinic of Monterey**

Accepting new patients

21 Upper Ragsdale Dr Ste 100, Monterey, CA 93940

(831) 648-8020

### **Casserly, Grace MD**

*Internal Medicine*

**Montage Medical Group**

Only accepting current patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Ceja, Christina SLP**

*Speech Language Pathology*

**Salinas Valley Speech Pathology**

Accepting new patients

535 E Romie Ln Ste 1, Salinas, CA 93901

(831) 998-7554

### **Chan, Erica MD**

*Obstetrics and Gynecology*

**Salinas Valley Health**

Accepting new patients

250 San Jose St, Salinas, CA 93901

(831) 758-8223

### **Chen, Jeffrey MD**

*Nephrology*

**Jeffrey C Chen MD**

Accepting new patients

757 Pacific St Ste D2, Monterey, CA 93940

(831) 375-6802

### **Chen, Kevin MD**

*Ophthalmology*

**Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

### **Chen, Kevin MD**

*Ophthalmology*

**Vantage Eye Center**

Accepting new patients

966 Cass St Ste 100, Monterey, CA 93940

(831) 373-7733

### **Chu, James MD**

*Endocrinology*

**Monterey Endocrine And Diabetes Institute**

Accepting new patients

2 Upper Ragsdale Dr B200, Monterey, CA 93940

(831) 375-6334

### **Casserly, Ryan MD**

*Otolaryngology*

**Central Coast Head And Neck Surgeons**

Accepting new patients

966 Cass St Ste 250, Monterey, CA 93940

(831) 649-4000

### **Casserly, Grace MD**

*Internal Medicine*

**Montage Medical Group**

Only accepting current patients

275 Crossroads Blvd Ste A, Carmel, CA 93923

(831) 718-9701

### **Chalmers, Robert MD**

*Obstetrics and Gynecology*

**Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 227, Monterey, CA 93940

(831) 624-3579

### **Chang, Steve MD**

*General Surgery*

**Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Ste B230, Monterey, CA 93940

(831) 649-0808

### **Chen, Patrick MD**

*Internal Medicine*

**Salinas Valley Health**

Only accepting current patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Chen, Kevin MD**

*Ophthalmology*

**Vantage Eye Center**

Accepting new patients

622 Abbott St, Salinas, CA 93901

(831) 771-3900

### **Chick, Mary DO**

*Family Medicine*

**Montage Medical Group**

Only accepting current patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **Chung, Natalie MD**

*Ophthalmology*

**Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Chung, Natalie MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients  
622 Abbott St, Salinas, CA 93901  
(831) 771-3900

### **Clark, Elizabeth MD**

*Obstetrics and Gynecology*

#### **Montage Medical Group**

Accepting new patients  
23845 Holman Hwy Ste 227, Monterey, CA 93940  
(831) 624-3579

### **Claudel, Alain DPT**

*Physical Therapy (PT or DPT)*

#### **Monterey Spine And Joint**

Accepting new patients  
21 Lower Ragsdale Dr, Monterey, CA 93940  
(831) 648-7200

### **Cole, Mario MD**

*Pulmonary Disease*

#### **Salinas Valley Health**

Accepting new patients  
1033 Los Palos Dr Ste A, Salinas, CA 93901  
(831) 757-2058

### **Condon, Christina DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients  
2260 N Fremont St, Monterey, CA 93940  
(831) 372-4782

### **Costa, Maria SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients  
24600 Silver Cloud Court, Suite 104, Monterey, CA 93940  
(831) 645-7900

### **Crispin, Milene MD**

*Dermatology*

#### **CSI Medical Group**

Accepting new patients  
114 E Romie Ln, Salinas, CA 93901  
(831) 757-1007

### **Cunningham, Heather MD**

*Hematology/Oncology*

#### **Shoreline Oncology And Hematology**

Accepting new patients  
80 Garden Ct Ste 200, Monterey, CA 93940  
(831) 920-3500

### **Chung, Natalie MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients  
966 Cass St Ste 100, Monterey, CA 93940  
(831) 373-7733

### **Clark, John MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients  
355 Abbott St Ste 100, Salinas, CA 93901  
(831) 751-7070

### **Cline, Michael MD**

*Neurology*

#### **Montage Medical Group**

Accepting new patients  
23845 Holman Hwy Ste 210, Monterey, CA 93940  
(831) 620-0700

### **Colorado, Rene MD**

*Neurology*

#### **Salinas Valley Health**

Accepting new patients  
1033 Los Palos Dr Ste A, Salinas, CA 93901  
(831) 757-2058

### **Conner, Grant MD**

*Otolaryngology*

#### **Central Coast Head And Neck Surgeons**

Accepting new patients  
1095 Los Palos Dr, Salinas, CA 93901  
(831) 422-8798

### **Crandall, David DO**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients  
12 Upper Ragsdale Dr, Monterey, CA 93940  
(831) 648-7200

### **Cunningham, Thomas MD**

*Obstetrics and Gynecology*

#### **Montage Medical Group**

Accepting new patients  
23845 Holman Hwy Ste 227, Monterey, CA 93940  
(831) 624-3579

### **Cushing, Blair DO**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients  
501 E Romie Ln Ste A, Salinas, CA 93901  
(831) 676-0210

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Dacus, James MD**

*Internal Medicine*

#### **Salinas Valley Health**

Accepting new patients

230 San Jose St, Salinas, CA 93901

(831) 758-2100

### **Darmawan, Steve MD**

*Pediatrics*

#### **St Junipero Childrens Clinic**

Accepting new patients

333 Abbott St Ste C, Salinas, CA 93901

(831) 288-8811

### **D'Attilio, Jennifer MS**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **De Ranieri, Marcus DO**

*Family Medicine*

#### **Montage Medical Group**

Accepting new patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **Del Toro Vargas, Luciano MD**

*Family Medicine*

#### **Santa Lucia Medical**

Accepting new patients

1336 Natividad Rd, Salinas, CA 93906

(831) 754-4444

### **Denes, Zoltan MD**

*General Surgery*

#### **Zoltan D Denes Md**

Accepting new patients

243 Eldorado St Ste 100, Monterey, CA 93940

(831) 372-0442

### **Dickey III, James MD**

*General Surgery*

#### **Salinas Valley Health**

Accepting new patients

236 San Jose St, Salinas, CA 93901

(831) 424-7389

### **Diekmann-Guiroy, Bernadette MD**

*General Surgery*

#### **Bernadette Diekmann-Guiroy MD Inc**

Accepting new patients

236 San Jose St, Salinas, CA 93901

(831) 422-2666

### **Dangerfield, Barbara PT**

*Physical Therapy (PT or DPT)*

#### **Adept Physical Therapy For Wound Healing Inc**

Accepting new patients

80 Garden Ct Ste 240, Monterey, CA 93940

(831) 324-4630

### **Dastgah, Amir DPM**

*Podiatry (DPM)*

#### **Bay Area Foot And Ankle Centers Inc**

Accepting new patients

880 Cass St Ste 103, Monterey, CA 93940

(831) 646-0442

### **De, Ajanta MD**

*Cardiovascular Disease*

#### **Golden State Heart & Vascular Associates, INC.**

Accepting new patients

2 Lower Ragsdale Dr Ste 160, Monterey, CA 93940

(831) 717-4687

### **DeFilippi, Vincent MD**

*Cardiothoracic Surgery*

#### **Salinas Valley Health**

Accepting new patients

212 San Jose St Ste 301, Salinas, CA 93901

(831) 759-3289

### **Deldar, Salar MD**

*Physical Medicine and Rehabilitation*

#### **Pacific Rehabilitation And Pain**

Accepting new patients

1010 Cass St Ste D3, Monterey, CA 93940

(831) 275-4050

### **Dhillon, Jaspreet MD**

*Internal Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Dicus, Michael MD**

*Nephrology*

#### **Central Coast Nephrology**

Accepting new patients

917 Blanco Cir, Salinas, CA 93901

(831) 755-7999

### **Digwal, Devesh DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782



## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Digwal, Devesh DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940

(831) 372-4782

### **Dorantes, Miguel MD**

*Family Medicine*

#### **Salinas Valley Health Taylor Farms**

Accepting new patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Edris, Ahmad MD**

*Interventional Cardiology*

#### **Montage Medical Group**

Accepting new patients

30 Garden Ct Ste B, Monterey, CA 93940

(831) 647-1123

### **Farac, Randall MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Farac, Randall MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

220 San Jose St, Salinas, CA 93901

(831) 424-0807

### **Farahmand, Johnathan DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940

(831) 372-4782

### **Farahmand, Mehrak OD**

*Optometry (OD)*

#### **Vantage Eye Center**

Accepting new patients

622 Abbott St, Salinas, CA 93901

(831) 771-3900

### **Farooqui, Emaad MD**

*Vascular Surgery*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Ste B230, Monterey, CA 93940

(831) 649-0808

### **Domalaog, Eileen SLP**

*Speech Language Pathology*

#### **Salinas Valley Speech Pathology**

Accepting new patients

535 E Romie Ln Ste 1, Salinas, CA 93901

(831) 998-7554

### **Edris, Ahmad MD**

*Interventional Cardiology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 109, Monterey, CA 93940

(831) 241-9200

### **Ettinger, Jeffrey MD**

*Family Medicine*

#### **Montage Medical Group**

Only accepting current patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **Farac, Randall MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Farahmand, Johnathan DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### **Farahmand, Mehrak OD**

*Optometry (OD)*

#### **Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

### **Farahmand, Mehrak OD**

*Optometry (OD)*

#### **Vantage Eye Center**

Accepting new patients

966 Cass St Ste 100, Monterey, CA 93940

(831) 373-7733

### **Fejes, John MD**

*Obstetrics and Gynecology*

#### **John M Fejes, MD**

Accepting new patients

2 Upper Ragsdale Dr Ste B280, Monterey, CA 93940

(831) 373-1373

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Fernandez, Robert MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

1260 S Main St Ste 101, Salinas, CA 93901

(831) 208-6226

### **Fiorenza, Jeffrey MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

212 San Jose St Ste 200, Salinas, CA 93901

(831) 375-3577

### **Fischer, Katrina MD**

*Hematology/Oncology*

#### **Pacific Cancer Care**

Accepting new patients

5 Harris Ct Bldg T Ste 201, Monterey, CA 93940

(831) 375-4105

### **Foote, Leslie MD**

*Family Medicine*

#### **Leslie A Foote MD**

Only accepting current patients

31 Winham St, Salinas, CA 93901

(831) 771-0244

### **Gagne, Rachel DPT**

*Physical Therapy (PT or DPT)*

#### **RPM Rehab - Salinas**

Accepting new patients

1758 N Main St, Salinas, CA 93906

(831) 442-3700

### **Gallegos, Daniel MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

1328 Natividad Rd, Salinas, CA 93901

(831) 757-8081

### **Ganzhorn, Frank MD**

*Pulmonary Disease*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Garfield, Mark MD**

*Pulmonary Disease*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Fernandez, Robert MD**

*Family Medicine*

#### **Salinas Valley Health**

Only accepting current patients

5 Lower Ragsdale Dr Ste 100, Monterey, CA 93940

(831) 624-7070

### **Fiorenza, Jeffrey MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940

(831) 375-3577

### **Fontenot, Morgan OT**

*Occupational Therapy*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Fowler, Steven MD**

*Cardiac Electrophysiology*

#### **Golden State Heart & Vascular Associates, INC.**

Accepting new patients

2 Lower Ragsdale Dr Ste 160, Monterey, CA 93940

(831) 717-4687

### **Gahan, Amie DPT**

*Physical Therapy (PT or DPT)*

#### **Restore Physical Therapy and Wellness**

Accepting new patients

542 Lighthouse Avenue #106, Pacific Grove, CA 93950

(831) 309-1001

### **Galloway, Leslie MD**

*Pediatrics*

#### **Monterey Peninsula Pediatric Medical Group**

Accepting new patients

2 Upper Ragsdale Drive, Suite B210, Monterey, CA 93940

(831) 333-0999

### **Garcia, Erika MD**

*Family Medicine*

#### **Salinas Valley Health Taylor Farms**

Accepting new patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Garza, Richard MD**

*General Surgery*

#### **Monterey County Surgical Associates**

Accepting new patients

26625 Carmel Center Pl Unit 100, Carmel, CA 93923

(831) 649-0808

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Gerber, Richard MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

230 San Jose St, Salinas, CA 93901

(831) 758-2100

### **Gerbino, Peter MD**

*Orthopedic Surgery*

#### **Peter G Gerbino MD**

Accepting new patients

576 Hartnell St Ste 200, Monterey, CA 93940

(831) 655-2122

### **Giedt, Wallace MD**

*Pediatrics*

#### **Pacific Coast Pediatrics**

Accepting new patients

260 San Jose St, Salinas, CA 93901

(831) 757-8124

### **Gjeltema, Kenneth MD**

*Family Medicine*

#### **Montage Medical Group**

Only accepting current patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **Glendenning, Kendra DPT**

*Physical Therapy (PT or DPT)*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Gollogly, Sohrab MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Gonzales, Nicolas DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### **Gorelik, Marta MD**

*Pediatrics*

#### **Pacific Coast Pediatrics**

Accepting new patients

260 San Jose St, Salinas, CA 93901

(831) 757-8124

### **Gerber, Richard MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

5 Lower Ragsdale Dr Ste 102, Monterey, CA 93940

(831) 649-3375

### **German, Michael MD**

*Otolaryngology*

#### **Central Coast Head And Neck Surgeons**

Accepting new patients

1095 Los Palos Dr, Salinas, CA 93901

(831) 422-8798

### **Ginsburg, Jerry MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

212 San Jose St Ste 301, Salinas, CA 93901

(831) 759-3289

### **Glendenning, Kendra DPT**

*Physical Therapy (PT or DPT)*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Gollogly, Sohrab MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Golubeva-Ganeles, Arina MD**

*Hematology/Oncology*

#### **Arina D Golubeva-Ganeles MD**

Accepting new patients

700 Cass St Ste 128, Monterey, CA 93940

(831) 920-3222

### **Gonzales, Nicolas DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940

(831) 372-4782

### **Gorman, Michael MD**

*Family Medicine*

#### **Montage Medical Group**

Only accepting current patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Grandison, Amber MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Gray, Kelsey MD**

*Pulmonary Disease*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Greene, David MD**

*Radiation Oncology*

#### **Western Radiation Oncology**

Accepting new patients

595 Abbott St Ste A, Salinas, CA 93901

(650) 282-0757

### **Griffin, Matthew MD**

*Orthopedic Surgery*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902

(831) 757-3041

### **Grogin, Harlan MD**

*Cardiac Electrophysiology*

#### **Salinas Valley Health**

Accepting new patients

230 San Jose St, Salinas, CA 93901

(831) 758-2100

### **Hadi, Sattar MD**

*Internal Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Halamandaris, Gus MD**

*Neurological Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Halamandaris, Gus MD**

*Neurological Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

220 San Jose St, Salinas, CA 93901

(831) 424-0807

### **Gray, Richard MD**

*Cardiovascular Disease*

#### **Montage Medical Group**

Accepting new patients

30 Garden Ct Ste B, Monterey, CA 93940

(831) 647-1123

### **Greene, David MD**

*Radiation Oncology*

#### **Western Radiation Oncology**

Accepting new patients

1069 Los Palos Dr, Salinas, CA 93901

(831) 975-5460

### **Grewal-Pitta, Ameet MD**

*Otolaryngology*

#### **Monterey Ear Nose And Throat**

Only accepting current patients

880 Cass Street, Suite 209, Monterey, CA 93940

(831) 275-7400

### **Griggs, Ryan DO**

*Urology*

#### **Salinas Valley Health**

Accepting new patients

559 Abbott St Ste A, Salinas, CA 93901

(831) 422-4500

### **Gularte, Nicholas DO**

*Physical Medicine and Rehabilitation*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Hadi, Sattar MD**

*Internal Medicine*

#### **Montage Medical Group**

Accepting new patients

275 Crossroads Blvd Ste A, Carmel, CA 93923

(831) 718-9701

### **Halamandaris, Gus MD**

*Neurological Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Hashimoto, Ken MD**

*Family Medicine*

#### **Ken Hashimoto MD**

Only accepting current patients

80 Garden Ct Ste 101, Monterey, CA 93940

(831) 641-7280

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### Hashisho, Mazen MD

*Vascular Surgery*

#### Monterey Bay Vascular, Inc.

Accepting new patients

242 E Romie Ln, Salinas, CA 93901

(831) 318-0010

### Hausdorff, John MD

*Hospice and Palliative Medicine*

#### Montage Medical Group

Accepting new patients

23845 Holman Hwy Ste 210, Monterey, CA 93940

(831) 620-0700

### Heal, Georgina MD

*Internal Medicine*

#### Gina Heal MD

Only accepting current patients

2 Upper Ragsdale Dr Ste B 270, Monterey, CA 93940

(831) 324-0593

### Hell, Richard MD

*Gastroenterology*

#### Monterey Bay GI Consultants Medical Group

Accepting new patients

212 San Jose St Ste 200, Salinas, CA 93901

(831) 375-3577

### Hernandez, Esau DPT

*Physical Therapy (PT or DPT)*

#### Balance Physical Therapy

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### Hershey, Allen MD

*Orthopedic Surgery*

#### Salinas Valley Health

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902

(831) 757-3041

### Hill, Molly SLP

*Speech Language Pathology*

#### Monterey Bay Speech Therapy

Accepting new patients

667 Lighthouse Ave Ste 201, Pacific Grove, CA 93950

(831) 318-0558

### Hindi, Yousef MD

*Cardiovascular Disease*

#### Salinas Valley Health

Accepting new patients

212 San Jose St Ste 301, Salinas, CA 93901

(831) 759-3289

### Hashisho, Mazen MD

*Vascular Surgery*

#### Monterey Bay Vascular, Inc.

Accepting new patients

945 Blanco Cir Ste A, Salinas, CA 93901

(831) 318-0010

### Hausdorff, John MD

*Hospice and Palliative Medicine*

#### Pacific Cancer Care

Accepting new patients

5 Harris Ct Bldg T Ste 201, Monterey, CA 93940

(831) 375-4105

### Healy, Mark MD

*Surgery*

#### Salinas Valley Health

Accepting new patients

236 San Jose St, Salinas, CA 93901

(831) 424-7389

### Hell, Richard MD

*Gastroenterology*

#### Monterey Bay GI Consultants Medical Group

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940

(831) 375-3577

### Hernandez, Esau DPT

*Physical Therapy (PT or DPT)*

#### Balance Physical Therapy

Accepting new patients

17760 Moro Rd Ste G120, Prunedale, CA 93907

(831) 322-4782

### Hershey, Allen MD

*Orthopedic Surgery*

#### Salinas Valley Health Taylor Farms

Accepting new patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### Hill, Tabitha SLP

*Speech Language Pathology*

#### Monterey Bay Speech Therapy

Accepting new patients

667 Lighthouse Ave Ste 201, Pacific Grove, CA 93950

(831) 318-0558

### Hindi, Yousef MD

*Cardiovascular Disease*

#### Salinas Valley Health

Accepting new patients

230 San Jose St, Salinas, CA 93901

(831) 758-2100

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### Hindi, Yousef MD

*Cardiovascular Disease*

#### Salinas Valley Health

Accepting new patients

591 McCray St Ste 201, Hollister, CA 95023

(831) 758-2100

### Holcombe, Travis MD

*Plastic & Reconstructive Surgery*

#### Salinas Valley Plastic Surgery

Accepting new patients

243 El Dorado St Ste 100, Monterey, CA 93940

(831) 758-2746

### Hoops, Katherine SLP

*Speech Language Pathology*

#### Monterey Bay Speech Therapy

Accepting new patients

667 Lighthouse Ave Ste 201, Pacific Grove, CA 93950

(831) 318-0558

### Hostak, Jeffrey DPT

*Physical Therapy (PT or DPT)*

#### RPM Rehab - Salinas

Accepting new patients

1758 N Main St, Salinas, CA 93906

(831) 442-3700

### Hu, Steve MD

*Gastroenterology*

#### Monterey Bay GI Consultants Medical Group

Accepting new patients

212 San Jose St Ste 200, Salinas, CA 93901

(831) 375-3577

### Hubbard, Kavitha MD

*Nephrology*

#### Central Coast Nephrology

Accepting new patients

917 Blanco Cir, Salinas, CA 93901

(831) 755-7999

### Huenergardt, Kayla SLP

*Speech Language Pathology*

#### Monterey Bay Speech Therapy

Accepting new patients

667 Lighthouse Ave Ste 201, Pacific Grove, CA 93950

(831) 318-0558

### Hwang, Gloria MD

*Physical Medicine and Rehabilitation*

#### Pacific Rehabilitation And Pain

Accepting new patients

1010 Cass St Ste D3, Monterey, CA 93940

(831) 275-4050

### Holcombe, Travis MD

*Plastic & Reconstructive Surgery*

#### Salinas Valley Plastic Surgery

Accepting new patients

1260 S Main St Ste 201, Salinas, CA 93901

(831) 758-2746

### Honegger, Judy DO

*Obstetrics and Gynecology*

#### Salinas Valley Health

Accepting new patients

250 San Jose St, Salinas, CA 93901

(831) 758-8223

### Hostak, Jeffrey DPT

*Physical Therapy (PT or DPT)*

#### RPM Rehab - Carmel

Accepting new patients

245 Crossroads Blvd Ste D 245, Carmel, CA 93923

(831) 574-8386

### Howard, Mark MD

*Orthopedic Surgery*

#### Monterey Spine And Joint

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### Hu, Steve MD

*Gastroenterology*

#### Monterey Bay GI Consultants Medical Group

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940

(831) 375-3577

### Hudacek, Ann DPM

*Podiatry (DPM)*

#### Monterey Bay Podiatry

Accepting new patients

1011 Cass St Ste 201, Monterey, CA 93940

(831) 648-1011

### Huntley, David MD

*Pediatric Neurology*

#### David T Huntley MD

Accepting new patients

3855 Via Nona Marie Ste 302, Carmel, CA 93923

(831) 625-0445

### Inlow, Brian DPM

*Podiatry (DPM)*

#### Salinas Valley Health

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902

(831) 757-3041

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Iranmanesh, Reza MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

### **Ishizue, Kenneth MD**

*Orthopedic Surgery*

#### **Agile Occupational Medicine**

Accepting new patients

2 Rossi Cir, Salinas, CA 93907

(831) 770-0444

### **Jackson, Amanda MD**

*Pediatrics*

#### **Salinas Valley Health Taylor Farms**

Accepting new patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Jalali-Yazdi, Maryam MD**

*Pediatrics*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Jani, Atul MD**

*General Surgery*

#### **Atul N Jani MD**

Accepting new patients

236 San Jose St, Salinas, CA 93901

(831) 422-2666

### **Jefferies, Kathleen OT**

*Occupational Therapy*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Jespersen, Kristine DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### **Jespersen, Kristine DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

21 Upper Ragsdale Dr Ste 125, Monterey, CA 93940

(831) 372-4782

### **Iranmanesh, Reza MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

622 Abbott St, Salinas, CA 93901

(831) 771-3900

### **Ishizue, Kenneth MD**

*Orthopedic Surgery*

#### **Agile Occupational Medicine**

Accepting new patients

947 Blanco Cir Ste A, Salinas, CA 93901

(831) 422-5555

### **Jacobson, Joel MD**

*Otolaryngology*

#### **Central Coast Head And Neck Surgeons**

Accepting new patients

966 Cass St Ste 250, Monterey, CA 93940

(831) 649-4000

### **Jalali-Yazdi, Maryam MD**

*Pediatrics*

#### **Salinas Valley Pediatric Associates**

Accepting new patients

221 East Romie Lane, Salinas, CA 93901

(831) 424-7872

### **Javaid, Mazhar MD**

*Sleep Medicine*

#### **Salinas Valley Health**

Accepting new patients

321 E Romie Ln, Salinas, CA 93902

(831) 424-1400

### **Jesinger, Michael MD**

*Cardiovascular Disease*

#### **Montage Medical Group**

Accepting new patients

30 Garden Ct Ste B, Monterey, CA 93940

(831) 647-1123

### **Jespersen, Kristine DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

17760 Moro Rd Ste G120, Prunedale, CA 93907

(831) 322-4782

### **Jespersen, Kristine DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940

(831) 372-4782

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Johnson, Steven MD**

*Gastroenterology*

#### **Los Palos Gastroenterology Specialists Inc**

Accepting new patients

1083 Los Palos Dr, Salinas, CA 93901

(831) 424-8888

### **Jones, Jennifer PT**

*Physical Therapy (PT or DPT)*

#### **Therasens Inc**

Accepting new patients

1900 Garden Rd Ste 200C, Monterey, CA 93940

(831) 250-6770

### **Joy, Miki MD**

*Family Medicine*

#### **Doctors On Duty**

Only accepting current patients

1505 Main St, Watsonville, CA 95076

(831) 722-1444

### **Jurgens, Travis DPT**

*Physical Therapy (PT or DPT)*

#### **Bay Physical Therapy**

Accepting new patients

500 Lighthouse Ave Ste B, Monterey, CA 93940

(831) 375-5909

### **Kadokia, Rikin MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

230 San Jose St, Salinas, CA 93901

(831) 758-2100

### **Kamler, Jan MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940

(831) 375-3577

### **Kanter, Gregory MD**

*Obstetrics and Gynecology*

#### **Salinas Valley Health**

Accepting new patients

250 San Jose St, Salinas, CA 93901

(831) 758-8223

### **Karahalios, Soteria MD**

*Cardiovascular Disease*

#### **Prima Heart A Medical Group**

Accepting new patients

1010 Cass St Ste A1, Monterey, CA 93940

(831) 333-1345

### **Jones, Kenneth MD**

*Obstetrics and Gynecology*

#### **Salinas Valley Health**

Accepting new patients

250 San Jose St, Salinas, CA 93901

(831) 758-8223

### **Josephson, Valerie MD**

*Pediatrics*

#### **Monterey Peninsula Pediatric Medical Group**

Accepting new patients

2 Upper Ragsdale Drive, Suite B210, Monterey, CA 93940

(831) 333-0999

### **Joye, James DO**

*Cardiovascular Disease*

#### **Golden State Heart & Vascular Associates, INC.**

Accepting new patients

2 Lower Ragsdale Dr Ste 160, Monterey, CA 93940

(831) 717-4687

### **Kaczmar, Theodore MD**

*Neurological Surgery*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Kadokia, Rikin MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

591 McCray St Ste 201, Hollister, CA 95023

(831) 758-2100

### **Kanak, Richard MD**

*Pulmonary Disease*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Kantor, Scott MD**

*Orthopedic Surgery*

#### **Scott G Kantor MD Inc**

Accepting new patients

576 Hartnell St Ste 200, Monterey, CA 93940

(831) 375-7740

### **Karamloo, Sara DPM**

*Podiatry (DPM)*

#### **Bay Area Foot And Ankle Centers Inc**

Accepting new patients

880 Cass St Ste 103, Monterey, CA 93940

(831) 646-0442



## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Kasim, Samera DO**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Katz, Toby MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

212 San Jose St Ste 200, Salinas, CA 93901

(831) 375-3577

### **Kaur, Gurvinder MD**

*Neurological Surgery*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Keith, Bradley MD**

*Obstetrics and Gynecology*

#### **Drs Vogelpohl And Keith**

Accepting new patients

337 El Dorado St Ste A3, Monterey, CA 93940

(831) 649-4202

### **Kim, Richard MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

### **King, Phillip DO**

*Internal Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Kissell, Nicolas MD**

*Endocrinology*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 200, Salinas, CA 93901

(831) 422-3636

### **Klassen, R Bryan MD**

*Internal Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Kasim, Samera DO**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Katz, Toby MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940

(831) 375-3577

### **Kehl, Thomas MD**

*Cardiovascular Disease*

#### **Montage Medical Group**

Accepting new patients

30 Garden Ct Ste B, Monterey, CA 93940

(831) 647-1123

### **Keller III, David MD**

*Infectious Diseases*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Kim, Richard MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

622 Abbott St, Salinas, CA 93901

(831) 771-3900

### **King, Phillip DO**

*Internal Medicine*

#### **Salinas Valley Health**

Accepting new patients

5 Lower Ragsdale Dr Ste 102, Monterey, CA 93940

(831) 649-3375

### **Kissell, Nicolas MD**

*Endocrinology*

#### **Salinas Valley Health Taylor Farms**

Only accepting current patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Kleiman, Cory OT**

*Occupational Therapy*

#### **Therasens Inc**

Accepting new patients

1900 Garden Rd Ste 200C, Monterey, CA 93940

(831) 250-6770

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Klick, Anastasia MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Klimberg, Nicholas MD**

*Pulmonary Disease*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Kohl, Leah SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Kolton, Deborah SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Kourang-Beheshti, Nima DO**

*Neurology*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Krein, Sarah SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Kroopf, Lisa MD**

*Pain Management*

#### **Lisa Kroopf, Md**

Accepting new patients

172 El Dorado St, Monterey, CA 93940

(831) 901-3940

### **Kurtmen, David MD**

*Family Medicine*

#### **Montage Medical Group**

Accepting new patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **Klick, Anastasia MD**

*Family Medicine*

#### **Salinas Valley Health Taylor Farms**

Accepting new patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Koehne, William MD**

*Pediatrics*

#### **Romie Lane Pediatrics**

Accepting new patients

610 E Romie Ln Ste 2, Salinas, CA 93901

(831) 422-9001

### **Kolander, Steffenie DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### **Koontz, Michael MD**

*Hematology/Oncology*

#### **Pacific Cancer Care**

Accepting new patients

5 Harris Ct Bldg T Ste 201, Monterey, CA 93940

(831) 375-4105

### **Kozal, Jared MD**

*Family Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Krishna, Gopal MD**

*Nephrology*

#### **Central Coast Nephrology**

Accepting new patients

917 Blanco Cir, Salinas, CA 93901

(831) 755-7999

### **Kruszynska, Yolanta MD**

*Endocrinology*

#### **Pajaro St Diabetes Center**

Accepting new patients

1000 Pajaro St Ste B, Salinas, CA 93901

(831) 455-8450

### **Kurtzman, Steven MD**

*Radiation Oncology*

#### **Western Radiation Oncology**

Accepting new patients

1069 Los Palos Dr, Salinas, CA 93901

(831) 975-5460

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Kurtzman, Steven MD**

*Radiation Oncology*

#### **Western Radiation Oncology**

Accepting new patients

595 Abbott St Ste A, Salinas, CA 93901

(650) 282-0757

### **Laeq, Ambreen MD**

*Cardiothoracic Surgery*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Suite 220, Monterey, CA 93940

(831) 241-9170

### **Lagana, Antonino PT**

*Physical Therapy (PT or DPT)*

#### **Monterey Peninsula Physical Therapy**

Accepting new patients

337 El Dorado St Ste B5, Monterey, CA 93940

(831) 646-1100

### **Lagana, Vittorio DPM**

*Podiatry (DPM)*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902

(831) 757-3041

### **LaMothe, Andre DDS**

*Oral and Maxillofacial Surgery*

#### **MOSA Oral Maxillofacial & Dental Implant Surgery**

Accepting new patients

337 El Dorado St Ste 3A, Monterey, CA 93940

(831) 373-2967

### **Lansdowne, Frances SLP**

*Speech Language Pathology*

#### **Monterey Bay Speech Therapy**

Accepting new patients

667 Lighthouse Ave Ste 201, Pacific Grove, CA 93950

(831) 318-0558

### **Le, Michael MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940

(831) 375-3577

### **Lee, Cynthia MD**

*Pediatrics*

#### **LPCH Medical Group**

Accepting new patients

1900 Garden Rd Ste 110, Monterey, CA 93940

(831) 372-5841

### **Laeq, Ambreen MD**

*Cardiothoracic Surgery*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Lagana, Elisa DPM**

*Podiatry (DPM)*

#### **Monterey Bay Podiatry**

Accepting new patients

1011 Cass St Ste 201, Monterey, CA 93940

(831) 648-1011

### **Lagana, Kristina PT**

*Physical Therapy (PT or DPT)*

#### **Monterey Peninsula Physical Therapy**

Accepting new patients

337 El Dorado St Ste B5, Monterey, CA 93940

(831) 646-1100

### **LaMothe, Pierre MD**

*Pediatrics*

#### **Monterey Peninsula Pediatric Medical Group**

Accepting new patients

2 Upper Ragsdale Drive, Suite B210, Monterey, CA 93940

(831) 333-0999

### **LaMothe, Andre DDS**

*Oral and Maxillofacial Surgery*

#### **MOSA Oral Maxillofacial & Dental Implant Surgery**

Accepting new patients

770 E Romie Ln Ste G, Salinas, CA 93901

(831) 757-5291

### **Le, Michael MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

212 San Jose St Ste 200, Salinas, CA 93901

(831) 375-3577

### **Le, Minh MD**

*Pulmonary Disease*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Lee, Sherry DO**

*Pediatrics*

#### **Pacific Coast Pediatrics**

Accepting new patients

260 San Jose St, Salinas, CA 93901

(831) 757-8124

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Legarda, Maris MD**

*Neurology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 210, Monterey, CA 93940

(831) 620-0700

### **Leron Monreal, Ryan PT**

*Physical Therapy (PT or DPT)*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Li, Victor MD**

*Pain Management*

#### **Agile Occupational Medicine**

Accepting new patients

2 Rossi Cir, Salinas, CA 93907

(831) 770-0444

### **Li, Katrina OD**

*Optometry (OD)*

#### **Vantage Eye Center**

Accepting new patients

622 Abbott St, Salinas, CA 93901

(831) 771-3900

### **Lim, Jerrie MD**

*Pediatrics*

#### **Pacific Coast Pediatrics**

Accepting new patients

260 San Jose St, Salinas, CA 93901

(831) 757-8124

### **Lin, James MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Liu, Cici MD**

*Gynecologic Oncology*

#### **Bay Area Gynecology Oncology**

Accepting new patients

455 Oconnor Dr Ste 370, San Jose, CA 95128

(408) 827-4274

### **Liu, Cici MD**

*Gynecologic Oncology*

#### **Salinas Valley Health**

Accepting new patients

250 San Jose St, Salinas, CA 93901

(831) 758-8223

### **Leron Monreal, Ryan PT**

*Physical Therapy (PT or DPT)*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Lew, James MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Li, Victor MD**

*Pain Management*

#### **Prime Pain Medicine Institute**

Accepting new patients

945 Blanco Cir Ste B, Salinas, CA 93901

(831) 287-2843

### **Lilja, James MD**

*Gynecologic Oncology*

#### **Bay Area Gynecology Oncology**

Accepting new patients

455 Oconnor Dr Ste 370, San Jose, CA 95128

(408) 827-4274

### **Lim, Kelvin MD**

*Orthopedic Surgery*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902

(831) 757-3041

### **Lin, James MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Liu, Sara MD**

*Pediatrics*

#### **LPCH Medical Group**

Accepting new patients

1900 Garden Rd Ste 110, Monterey, CA 93940

(831) 372-5841

### **Liu, Yang MD**

*Hematology/Oncology*

#### **Salinas Valley Health**

Accepting new patients

505 E Romie Ln Ste A, Salinas, CA 93901

(831) 755-1701

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Livian Johnston, Lisa OT**

*Occupational Therapy*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Long, Sara DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### **Luba, Daniel MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

212 San Jose St Ste 200, Salinas, CA 93901

(831) 375-3577

### **Luba, Daniel MD**

*Gastroenterology*

#### **Salinas Valley Health Taylor Farms**

Accepting new patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Magnuson, Marja-Liisa DO**

*Family Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Malloy, Katelyn SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Marquez, Elida MD**

*Obstetrics and Gynecology*

#### **Salinas Valley Health**

Accepting new patients

250 San Jose St, Salinas, CA 93901

(831) 758-8223

### **Martinez, Alberto MD**

*Family Medicine*

#### **Salinas Valley Health Taylor Farms**

Only accepting current patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Lome, Steven DO**

*Cardiovascular Disease*

#### **Montage Medical Group**

Accepting new patients

30 Garden Ct Ste B, Monterey, CA 93940

(831) 647-1123

### **Long, Sara DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940

(831) 372-4782

### **Luba, Daniel MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940

(831) 375-3577

### **Lucero, Renee DO**

*Dermatology*

#### **Golden State Dermatology Associates**

Accepting new patients

100 Clock Tower Pl Ste 250, Carmel, CA 93923

(831) 308-4570

### **Malik, Lena MD**

*Pediatrics*

#### **Romie Lane Pediatrics**

Accepting new patients

610 E Romie Ln Ste 2, Salinas, CA 93901

(831) 422-9001

### **Manchanda, Aarush MD**

*Cardiovascular Disease*

#### **Montage Medical Group**

Accepting new patients

30 Garden Ct Ste B, Monterey, CA 93940

(831) 647-1123

### **Martinez, Alberto MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Maslehati, Arash DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Maslehati, Arash DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

21 Upper Ragsdale Dr Ste 125, Monterey, CA 93940

(831) 372-4782

### **Mason, Tiffany SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Mattey, Rene OT**

*Occupational Therapy*

#### **RPM Rehab - Salinas**

Accepting new patients

1758 N Main St, Salinas, CA 93906

(831) 442-3700

### **Mayer, Patricia MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **McCuiston, Christine MD**

*Pediatrics*

#### **Pacific Coast Pediatrics**

Accepting new patients

260 San Jose St, Salinas, CA 93901

(831) 757-8124

### **McGlue, Michael MD**

*Family Medicine*

#### **Montage Medical Group**

Only accepting current patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **Meckel, Jon-Peter DO**

*Family Medicine*

#### **Montage Medical Group**

Only accepting current patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Meckel, Christopher MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Maslehati, Arash DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940

(831) 372-4782

### **Mattey, Rene OT**

*Occupational Therapy*

#### **RPM Rehab - Carmel**

Accepting new patients

245 Crossroads Blvd Ste D 245, Carmel, CA 93923

(831) 574-8386

### **May, Megan MD**

*Nephrology*

#### **Central Coast Nephrology**

Accepting new patients

917 Blanco Cir, Salinas, CA 93901

(831) 755-7999

### **McCarthy Beck, Rachel MD**

*Obstetrics and Gynecology*

#### **Salinas Valley Health**

Accepting new patients

250 San Jose St, Salinas, CA 93901

(831) 758-8223

### **McDermott, Dana DO**

*Neurology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 210, Monterey, CA 93940

(831) 620-0700

### **Mealey, Forest DO**

*Pulmonary Disease*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Meckel, Christopher MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Medawar, Chad DO**

*Pulmonary Disease*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Medina, Paulina SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940  
(831) 645-7900

### **Mehta, Shahil MD**

*Radiation Oncology*

#### **Western Radiation Oncology**

Accepting new patients

595 Abbott St Ste A, Salinas, CA 93901  
(650) 282-0757

### **Melo, Joseph DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940  
(831) 372-4782

### **Mendoza, Michael MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940  
(831) 375-3577

### **Mercado, Ma Cristina MD**

*Pediatrics*

#### **Salinas Pediatric Medical Group**

Accepting new patients

601 E Romie Lane Ste 3, Salinas, CA 93901  
(831) 422-9066

### **Michel-Ruddy, John MD**

*General Surgery*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Ste B230, Monterey, CA 93940  
(831) 649-0808

### **Miller, Todd PT**

*Physical Therapy (PT or DPT)*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 100, Salinas, CA 93901  
(831) 755-3578

### **Modisette, Mary OT**

*Occupational Therapy*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 100, Salinas, CA 93901  
(831) 755-3578

### **Mehta, Shahil MD**

*Radiation Oncology*

#### **Western Radiation Oncology**

Accepting new patients

1069 Los Palos Dr, Salinas, CA 93901  
(831) 975-5460

### **Melo, Joseph DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901  
(831) 422-4782

### **Mendoza, Michael MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

212 San Jose St Ste 200, Salinas, CA 93901  
(831) 375-3577

### **Mercado, Ma Cristina MD**

*Pediatrics*

#### **Salinas Pediatric Medical Group**

Accepting new patients

505 E Romie Ln Ste K, Salinas, CA 93901  
(831) 422-9066

### **Michas-Martin, Peter MD**

*Neurology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 210, Monterey, CA 93940  
(831) 620-0700

### **Miller, Sydney DPT**

*Physical Therapy (PT or DPT)*

#### **Bay Physical Therapy**

Accepting new patients

500 Lighthouse Ave Ste B, Monterey, CA 93940  
(831) 375-5909

### **Mittakanti, Harsha MD**

*Urology*

#### **Montage Medical Group**

Only accepting current patients

23845 Holman Hwy Ste 203, Monterey, CA 93940  
(831) 241-9155

### **Montgomery, Paul MD**

*Pulmonary Disease*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940  
(831) 333-3040

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Moonan, Isabelle MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940

(831) 375-3577

### **Mowatt-Larsen, Eric MD**

*Phlebology*

#### **Vein Specialists Of Monterey & Salinas**

Accepting new patients

1260 N Main St Ste 202, Salinas, CA 93901

(831) 646-8346

### **Mudge, Dawn MD**

*Internal Medicine*

#### **Salinas Valley Health**

Only accepting current patients

5 Lower Ragsdale Dr Ste 100, Monterey, CA 93940

(831) 624-7070

### **Mukai, Kanae MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

5 Lower Ragsdale Dr Ste 102, Monterey, CA 93940

(831) 649-3375

### **Munoz, Kurt DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### **Murphy, Colm MD**

*Cardiovascular Disease*

#### **Golden State Heart & Vascular Associates, INC.**

Accepting new patients

2 Lower Ragsdale Dr Ste 160, Monterey, CA 93940

(831) 717-4687

### **Mustoe, Thomas MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

5 Lower Ragsdale Dr Ste 102, Monterey, CA 93940

(831) 649-3375

### **Myers, Jason PT**

*Physical Therapy (PT or DPT)*

#### **Myers Physical Therapy**

Accepting new patients

224 San Jose St Ste 1, Salinas, CA 93901

(831) 757-1900

### **Morrow, Mark MD**

*Neurology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 210, Monterey, CA 93940

(831) 620-0700

### **Mowatt-Larsen, Eric MD**

*Phlebology*

#### **Vein Specialists Of Monterey & Salinas**

Accepting new patients

977 Pacific St Ste B, Monterey, CA 93940

(831) 646-8346

### **Mukai, Kanae MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

230 San Jose St, Salinas, CA 93901

(831) 758-2100

### **Mulgrew, Kirk MD**

*Pediatrics*

#### **LPCH Medical Group**

Accepting new patients

1900 Garden Rd Ste 110, Monterey, CA 93940

(831) 372-5841

### **Munoz, Kurt DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940

(831) 372-4782

### **Mustoe, Thomas MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

230 San Jose St, Salinas, CA 93901

(831) 758-2100

### **Mwangi, Martin MD**

*Sleep Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Nadhan, Kumar MD**

*Dermatology*

#### **CSI Medical Group**

Accepting new patients

9781 Blue Larkspur Ln Ste 100, Monterey, CA 93940

(831) 333-9008



## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Nease, Michael PT**

*Physical Therapy (PT or DPT)*

#### **North County Physical Therapy**

Accepting new patients

17815 Countryside Ct, Prunedale, CA 93907

(831) 444-5989

### **Nguyen, Michelle OD**

*Optometry (OD)*

#### **Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

### **Nguyen, Michelle OD**

*Optometry (OD)*

#### **Vantage Eye Center**

Accepting new patients

966 Cass St Ste 100, Monterey, CA 93940

(831) 373-7733

### **Noodleman, Frank MD**

*Dermatology*

#### **CSI Medical Group**

Accepting new patients

114 E Romie Ln, Salinas, CA 93901

(831) 757-1007

### **Noya Santana, Monica MD**

*Neurology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 210, Monterey, CA 93940

(831) 620-0700

### **Nuttall, Nicolas MD**

*Internal Medicine*

#### **Nicolas J Nuttall MD**

Only accepting current patients

2 Upper Ragsdale Dr Ste B220, Monterey, CA 93940

(831) 646-1160

### **Oh, Christopher MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

230 San Jose St, Salinas, CA 93901

(831) 758-2100

### **Ongley, Brenda SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Nelson, Sarah DPT**

*Physical Therapy (PT or DPT)*

#### **Bay Physical Therapy**

Accepting new patients

500 Lighthouse Ave Ste B, Monterey, CA 93940

(831) 375-5909

### **Nguyen, Michelle OD**

*Optometry (OD)*

#### **Vantage Eye Center**

Accepting new patients

622 Abbott St, Salinas, CA 93901

(831) 771-3900

### **Noel, Katherine MD**

*Obstetrics and Gynecology*

#### **Salinas Valley Health**

Accepting new patients

250 San Jose St, Salinas, CA 93901

(831) 758-8223

### **Nowak, Kenneth MD**

*Otolaryngology*

#### **Central Coast Head And Neck Surgeons**

Accepting new patients

1095 Los Palos Dr, Salinas, CA 93901

(831) 422-8798

### **Numair, Osman MD**

*Allergy and Immunology*

#### **Central Coast Allergy And Asthma Allergy Clinic**

Accepting new patients

665 Munras Ave Ste 260, Monterey, CA 93940

(831) 644-0900

### **Obert-Hong, John MD**

*Family Medicine*

#### **Montage Medical Group**

Accepting new patients

275 Crossroads Blvd Ste A, Carmel, CA 93923

(831) 718-9701

### **Oh, Christopher MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

5 Lower Ragsdale Dr Ste 102, Monterey, CA 93940

(831) 649-3375

### **Oppenheim, Joanna MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

1260 S Main St Ste 101, Salinas, CA 93901

(831) 208-6226

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Oppenheim, Peter MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **O'Rourke, Darby DPT**

*Physical Therapy (PT or DPT)*

#### **RPM Rehab - Salinas**

Accepting new patients

1758 N Main St, Salinas, CA 93906

(831) 442-3700

### **Owens, Stephen MD**

*Family Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Pack, Jesse MD**

*Pediatrics*

#### **Monterey Peninsula Pediatric Medical Group**

Accepting new patients

2 Upper Ragsdale Drive, Suite B210, Monterey, CA 93940

(831) 333-0999

### **Page, Jon MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

622 Abbott St, Salinas, CA 93901

(831) 771-3900

### **Paik, Aimee MD**

*Dermatology*

#### **Salinas Valley Health**

Accepting new patients

225 E Romie Ln, Salinas, CA 93901

(831) 757-2058

### **Palsma, Carrie SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Papathomas, Daphne MD**

*Obstetrics and Gynecology*

#### **Montage Medical Group**

Accepting new patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **O'Rourke, Darby DPT**

*Physical Therapy (PT or DPT)*

#### **RPM Rehab - Carmel**

Accepting new patients

245 Crossroads Blvd Ste D 245, Carmel, CA 93923

(831) 574-8386

### **Overton, Breanne OT**

*Occupational Therapy*

#### **Therasens Inc**

Accepting new patients

1900 Garden Rd Ste 200C, Monterey, CA 93940

(831) 250-6770

### **Paas, John MD**

*Obstetrics and Gynecology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 227, Monterey, CA 93940

(831) 624-3579

### **Page, Jon MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

### **Paik, Aimee MD**

*Dermatology*

#### **Salinas Valley Health**

Only accepting current patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Pallott, Tamara OT**

*Occupational Therapy*

#### **Therasens Inc**

Accepting new patients

1900 Garden Rd Ste 200C, Monterey, CA 93940

(831) 250-6770

### **Papathomas, Daphne MD**

*Obstetrics and Gynecology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 227, Monterey, CA 93940

(831) 624-3579

### **Paquin, Alexandra DPT**

*Physical Therapy (PT or DPT)*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Park, Shin Young MD**

*Surgery*

#### **Salinas Valley Health**

Accepting new patients

236 San Jose St, Salinas, CA 93901

(831) 424-7389

### **Parsons, Eric MD**

*Family Medicine*

#### **Doctors On Duty**

Accepting new patients

1505 Main St, Watsonville, CA 95076

(831) 722-1444

### **Patel, Vikram MD**

*Gastroenterology*

#### **Los Palos Gastroenterology Specialists Inc**

Accepting new patients

1083 Los Palos Dr, Salinas, CA 93901

(831) 424-8888

### **Patibanda, Varun MD**

*Physical Medicine and Rehabilitation*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Pena, Dolores MD**

*Family Medicine*

#### **Salinas Valley Health Taylor Farms**

Accepting new patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Penrose, Philip MD**

*Ophthalmology*

#### **Eye MD Monterey**

Accepting new patients

880 Cass St Ste 105, Monterey, CA 93940

(831) 373-0183

### **Pilkington, David MD**

*Dermatology*

#### **Golden State Dermatology Associates**

Accepting new patients

100 Clock Tower Pl Ste 250, Carmel, CA 93923

(831) 308-4570

### **Pitta, Michael MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Parmar, Henna MD**

*Family Medicine*

#### **Montage Medical Group**

Accepting new patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **Parsons, David MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940

(831) 375-3577

### **Patel, Sangita PT**

*Physical Therapy (PT or DPT)*

#### **North County Physical Therapy**

Accepting new patients

17815 Countryside Ct, Prunedale, CA 93907

(831) 444-5989

### **Patton, Robert MD**

*Internal Medicine*

#### **Salinas Valley Health**

Only accepting current patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Penrose, Philip MD**

*Ophthalmology*

#### **Eye MD Monterey**

Accepting new patients

21 Upper Ragsdale Dr Ste 201, Monterey, CA 93940

(831) 324-4730

### **Phan, Dennis MD**

*Nephrology*

#### **Central Coast Nephrology**

Accepting new patients

917 Blanco Cir, Salinas, CA 93901

(831) 755-7999

### **Pitta, Michael MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Pitta, Michael MD**

*Orthopedic Surgery*

#### **Monterey Spine And Joint**

Accepting new patients

220 San Jose St, Salinas, CA 93901

(831) 424-0807

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Poggemeyer, Hans MD**

*Pulmonary Disease*

#### **Cardio Pulmonary Associates Medical Group**

Accepting new patients

60 Garden Ct Ste 220, Monterey, CA 93940

(831) 646-8570

### **Poudel, Mahendra MD**

*Infectious Diseases*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Premji, Resmi MD**

*Endocrinology*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Pruthi, Asit MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

622 Abbott St, Salinas, CA 93901

(831) 771-3900

### **Radner, Allen MD**

*Infectious Diseases*

#### **Salinas Valley Health Taylor Farms**

Only accepting current patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Rahnavard, Amir MD**

*Physical Medicine and Rehabilitation*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 210, Monterey, CA 93940

(831) 620-0700

### **Ramirez, Carlos MD**

*Family Medicine*

#### **Carlos D Ramirez MD**

Accepting new patients

172 El Dorado Street, Monterey, CA 93940

(831) 920-2163

### **Ramos, Angel DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940

(831) 372-4782

### **Pompan, Donald MD**

*Orthopedic Surgery*

#### **Agile Occupational Medicine**

Accepting new patients

2 Rossi Cir, Salinas, CA 93907

(831) 770-0444

### **Prager, Steven MD**

*Allergy and Immunology*

#### **Central Coast Allergy And Asthma Allergy Clinic**

Accepting new patients

665 Munras Ave Ste 260, Monterey, CA 93940

(831) 644-0900

### **Pruthi, Asit MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

### **Radner, Allen MD**

*Infectious Diseases*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Rafael, Allon MD**

*Cardiac Electrophysiology*

#### **Golden State Heart & Vascular Associates, INC.**

Accepting new patients

2 Lower Ragsdale Dr Ste 160, Monterey, CA 93940

(831) 717-4687

### **Ramanujam, Thaila MD**

*Rheumatology*

#### **Thaila Ramanujam, MD**

Accepting new patients

880 Cass St Ste 201, Monterey, CA 93940

(602) 688-2248

### **Ramos, Angel DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### **Ramseur, James MD**

*Obstetrics and Gynecology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 227, Monterey, CA 93940

(831) 624-3579

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Rana, Naeem MD**

*Pulmonary Disease*

#### **Salinas Valley Health**

Accepting new patients

321 E Romie Ln, Salinas, CA 93902

(831) 424-1400

### **Ravalin, Richard MD**

*Orthopedic Surgery*

#### **Pacific Coast Orthopedics Inc**

Accepting new patients

101 Wilson Rd, Monterey, CA 93940

(831) 648-8600

### **Razzak, Anthony MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940

(831) 375-3577

### **Reddy, Sumana MD**

*Family Medicine*

#### **Acacia Family Medical Group**

Only accepting current patients

8036 San Miguel Canyon Rd, Salinas, CA 93907

(831) 770-0123

### **Regwan, Steven DO**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

230 San Jose St, Salinas, CA 93901

(831) 758-2100

### **Regwan, Steven DO**

*Cardiovascular Disease*

#### **Salinas Valley Health Taylor Farms**

Accepting new patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Renfer, Leonard MD**

*Urology*

#### **Salinas Valley Health**

Accepting new patients

559 Abbott St Ste A, Salinas, CA 93901

(831) 422-4500

### **Revers, Robert MD**

*Endocrinology*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Rangel Ventura, Francis MD**

*Family Medicine*

#### **Salinas Valley Health Taylor Farms**

Accepting new patients

850 5Th St, Gonzales, CA 93926

(831) 649-1000

### **Razzak, Anthony MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

212 San Jose St Ste 200, Salinas, CA 93901

(831) 375-3577

### **Reddy, Sumana MD**

*Family Medicine*

#### **Acacia Family Medical Group**

Only accepting current patients

400 E Romie Ln, Salinas, CA 93901

(831) 770-0123

### **Reddy, Kartheek MD**

*Orthopedic Surgery*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902

(831) 757-3041

### **Regwan, Steven DO**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

5 Lower Ragsdale Dr Ste 102, Monterey, CA 93940

(831) 649-3375

### **Reinbolt, Alexis DPT**

*Physical Therapy (PT or DPT)*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Rever, Barbara MD**

*Nephrology*

#### **Central Coast Nephrology**

Accepting new patients

917 Blanco Cir, Salinas, CA 93901

(831) 755-7999

### **Rheim, Joseph MD**

*Dermatology*

#### **Rheim Dermatology**

Only accepting current patients

757 Pacific St Ste A1, Monterey, CA 93940

(831) 373-4404

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Richardson, Zachary MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

### **Richardson, Zachary MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

966 Cass St Ste 100, Monterey, CA 93940

(831) 373-7733

### **Rock-Willoughby, Jayme DO**

*Cardiovascular Disease*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Rodriguez, Orlando MD**

*Family Medicine*

#### **Santa Lucia Medical**

Accepting new patients

1336 Natividad Rd, Salinas, CA 93906

(831) 754-4444

### **Romans, Matthew MD**

*Plastic & Reconstructive Surgery*

#### **Salinas Valley Plastic Surgery**

Accepting new patients

1260 S Main St Ste 201, Salinas, CA 93901

(831) 758-2746

### **Romans, Matthew MD**

*Plastic & Reconstructive Surgery*

#### **Salinas Valley Plastic Surgery**

Accepting new patients

665 Munras Ave Ste 200, Monterey, CA 93940

(831) 646-8661

### **Rosen, Evan MD**

*Urology*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Roy, David MD**

*Orthopedic Surgery*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902

(831) 757-3041

### **Richardson, Zachary MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

622 Abbott St, Salinas, CA 93901

(831) 771-3900

### **Robledo, Aurora MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Rock-Willoughby, Jayme DO**

*Cardiovascular Disease*

#### **Montage Medical Group**

Accepting new patients

30 Garden Ct Ste B, Monterey, CA 93940

(831) 647-1123

### **Roldan, Mario DO**

*General Surgery*

#### **Salinas Valley Health**

Accepting new patients

236 San Jose St, Salinas, CA 93901

(831) 424-7389

### **Romans, Matthew MD**

*Plastic & Reconstructive Surgery*

#### **Salinas Valley Plastic Surgery**

Accepting new patients

243 El Dorado St Ste 100, Monterey, CA 93940

(831) 758-2746

### **Rosal, Carla MD**

*Family Medicine*

#### **Salinas Valley Health**

Only accepting current patients

5 Lower Ragsdale Dr Ste 100, Monterey, CA 93940

(831) 624-7070

### **Rosen, Suzanne MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Rubin, Nancy DO**

*Hematology/Oncology*

#### **Pacific Cancer Care**

Accepting new patients

5 Harris Ct Bldg T Ste 201, Monterey, CA 93940

(831) 375-4105

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Rudrapatna, Vivek MD**

*Internal Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Ruibys, Gediminas MD**

*Internal Medicine*

#### **Montage Medical Group**

Only accepting current patients

275 Crossroads Blvd Ste A, Carmel, CA 93923

(831) 718-9701

### **Ryan, Patricia PT**

*Physical Therapy (PT or DPT)*

#### **RPM Rehab - Salinas**

Accepting new patients

1758 N Main St, Salinas, CA 93906

(831) 442-3700

### **Ryan, Martha MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

622 Abbott St, Salinas, CA 93901

(831) 771-3900

### **Saddy, Shehab MD**

*Internal Medicine*

#### **Geriatric Medical Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B240, Monterey, CA 93940

(831) 642-9800

### **Saito, Yuji MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

230 San Jose St, Salinas, CA 93901

(831) 758-2100

### **Sakopoulos, Andreas MD**

*Cardiothoracic Surgery*

#### **Salinas Valley Health**

Accepting new patients

212 San Jose St Ste 301, Salinas, CA 93901

(831) 759-3289

### **Sanders, Natalie OTR**

*Occupational Therapy*

#### **Therasens Inc**

Accepting new patients

1900 Garden Rd Ste 200C, Monterey, CA 93940

(831) 250-6770

### **Ruffin, Therese DPT**

*Physical Therapy (PT or DPT)*

#### **Damon Anderson And Associates Physical Therapy**

Accepting new patients

980 Cass St Ste A, Monterey, CA 93940

(831) 375-2466

### **Ryan, Patricia PT**

*Physical Therapy (PT or DPT)*

#### **RPM Rehab - Carmel**

Accepting new patients

245 Crossroads Blvd Ste D 245, Carmel, CA 93923

(831) 574-8386

### **Ryan, Martha MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients

2 Upper Ragsdale Dr Ste B130, Monterey, CA 93940

(831) 647-3900

### **Ryker, Kara SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Saito, Keiko MD**

*Internal Medicine*

#### **Montage Medical Group**

Only accepting current patients

275 Crossroads Blvd Ste A, Carmel, CA 93923

(831) 718-9701

### **Saito, Yuji MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

5 Lower Ragsdale Dr Ste 102, Monterey, CA 93940

(831) 649-3375

### **Sanders, Leonard MD**

*Endocrinology*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Sangha, Maheep MD**

*Gastroenterology*

#### **Monterey Bay GI Consultants Medical Group**

Accepting new patients

23 Upper Ragsdale Dr Ste 200, Monterey, CA 93940

(831) 375-3577

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Sasser-Brandt, Jeffrey MD**

*Family Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Schott, John DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### **Schott, John DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940

(831) 372-4782

### **Sekas, Lauren SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Semer, Nadine MD**

*Hospice and Palliative Medicine*

#### **Salinas Valley Health**

Accepting new patients

501 E Romie Ln Ste A, Salinas, CA 93901

(831) 676-0210

### **Shah, Pir MD**

*Interventional Cardiology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 109, Monterey, CA 93940

(831) 241-9200

### **Sharma, Ravindra MD**

*Internal Medicine*

#### **RS Medical Inc**

Accepting new patients

1101 Pajaro St, Salinas, CA 93901

(831) 758-6134

### **Sholeff, Gregory MD**

*Family Medicine*

#### **Gregory Sholeff MD, INC**

Accepting new patients

50 Ragsdale Dr Ste 120, Monterey, CA 93940

(831) 375-8824

### **Satow, Gregg MD**

*Orthopedic Surgery*

#### **Gregg K Satow MD**

Accepting new patients

1900 Garden Rd Ste 120, Monterey, CA 93940

(831) 657-0111

### **Schott, John DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

17760 Moro Rd Ste G120, Prunedale, CA 93907

(831) 322-4782

### **Schroedter, Robert DPT**

*Physical Therapy (PT or DPT)*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Seliber-Klein, June MD**

*Sleep Medicine*

#### **Klein Medical Group**

Only accepting current patients

700 Cass St Ste 116, Monterey, CA 93940

(831) 758-4412

### **Sepulveda, Michael MD**

*Internal Medicine*

#### **Santa Lucia Medical**

Accepting new patients

1336 Natividad Rd, Salinas, CA 93906

(831) 754-4444

### **Shah, Pir MD**

*Interventional Cardiology*

#### **Montage Medical Group**

Accepting new patients

30 Garden Ct Ste B, Monterey, CA 93940

(831) 647-1123

### **Shen, Wayne MD**

*Neurology*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Shumway, John MD**

*Radiation Oncology*

#### **Western Radiation Oncology**

Accepting new patients

1069 Los Palos Dr, Salinas, CA 93901

(831) 975-5460



## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Shumway, John MD**

*Radiation Oncology*

#### **Western Radiation Oncology**

Accepting new patients

595 Abbott St Ste A, Salinas, CA 93901

(650) 282-0757

### **Silk, Jeremy MD**

*Plastic & Reconstructive Surgery*

#### **Salinas Valley Plastic Surgery**

Accepting new patients

243 El Dorado St Ste 100, Monterey, CA 93940

(831) 758-2746

### **Silva, Natali MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Sinha, Nupur MD**

*Pulmonary Disease*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

### **Siqueiros, Rafael MD**

*Family Medicine*

#### **Acacia Family Medical Group**

Only accepting current patients

8036 San Miguel Canyon Rd, Salinas, CA 93907

(831) 770-0123

### **Smith, Scott DPM**

*Podiatry (DPM)*

#### **Monterey Spine And Joint**

Accepting new patients

12 Upper Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Sobkowicz, Diane MD**

*Cardiovascular Disease*

#### **Montage Medical Group**

Only accepting current patients

30 Garden Ct Ste B, Monterey, CA 93940

(831) 647-1123

### **Spowart, Gregory MD**

*Cardiothoracic Surgery*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Suite 220, Monterey, CA 93940

(831) 241-9170

### **Silk, Jeremy MD**

*Plastic & Reconstructive Surgery*

#### **Salinas Valley Plastic Surgery**

Accepting new patients

1260 S Main St Ste 201, Salinas, CA 93901

(831) 758-2746

### **Silk, Jeremy MD**

*Plastic & Reconstructive Surgery*

#### **Salinas Valley Plastic Surgery**

Accepting new patients

665 Munras Ave Ste 200, Monterey, CA 93940

(831) 646-8661

### **Simon, Margaret MD**

*Family Medicine*

#### **Big Sur Health Center**

Accepting new patients

46896 Highway 1, Big Sur, CA 93920

(831) 667-2580

### **Siqueiros, Rafael MD**

*Family Medicine*

#### **Acacia Family Medical Group**

Only accepting current patients

400 E Romie Ln, Salinas, CA 93901

(831) 770-0123

### **Smith, Doris SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Smith, Scott DPM**

*Podiatry (DPM)*

#### **Monterey Spine And Joint**

Accepting new patients

21 Lower Ragsdale Dr, Monterey, CA 93940

(831) 648-7200

### **Spowart, Gregory MD**

*Cardiothoracic Surgery*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Standridge-Folsom, Cosette DPM**

*Podiatry (DPM)*

#### **Monterey Bay Podiatry**

Accepting new patients

1011 Cass St Ste 201, Monterey, CA 93940

(831) 648-1011

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Stauffer, Craig MD**

*Urology*

#### **Montage Medical Group**

Only accepting current patients

23845 Holman Hwy Ste 203, Monterey, CA 93940

(831) 241-9155

### **Stout, Kyleigh SLP**

*Speech Language Pathology*

#### **Central Coast Language and Learning Center**

Accepting new patients

24600 Silver Cloud Court, Suite 104, Monterey, CA 93940

(831) 645-7900

### **Suarez, Maria DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

143 John St, Salinas, CA 93901

(831) 422-4782

### **Subbarao, Meena MD**

*Pediatrics*

#### **Romie Lane Pediatrics**

Accepting new patients

610 E Romie Ln Ste 2, Salinas, CA 93901

(831) 422-9001

### **Suh, Susie MD**

*Rheumatology*

#### **Salinas Valley Health**

Accepting new patients

321 E Romie Ln, Salinas, CA 93902

(831) 424-1400

### **Tammany, Alison MD**

*General Surgery*

#### **Salinas Valley Health**

Accepting new patients

236 San Jose St, Salinas, CA 93901

(831) 424-7389

### **Tardieu, Bert MD**

*Orthopedic Surgery*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902

(831) 757-3041

### **Todd, Brooke MD**

*Family Medicine*

#### **Montage Medical Group**

Accepting new patients

2930 2nd Ave Ste 200, Marina, CA 93933

(831) 582-2100

### **Stienstra, Nicholas MD**

*Rheumatology*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Stuntz, Michael MD**

*General Surgery*

#### **Monterey County Surgical Associates**

Accepting new patients

26625 Carmel Center Pl Unit 100, Carmel, CA 93923

(831) 649-0808

### **Suarez, Maria DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients

2260 N Fremont St, Monterey, CA 93940

(831) 372-4782

### **Sugunraj, Jaya MD**

*Pulmonary Disease*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Swan, Justin MD**

*Orthopedic Surgery*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902

(831) 757-3041

### **Tao, Yanli MD**

*Pediatrics*

#### **LPCH Medical Group**

Accepting new patients

1900 Garden Rd Ste 110, Monterey, CA 93940

(831) 372-5841

### **Tiongco, Jill MD**

*Internal Medicine*

#### **Montage Medical Group**

Only accepting current patients

275 Crossroads Blvd Ste A, Carmel, CA 93923

(831) 718-9701

### **Tongson, Roberto MD**

*Internal Medicine*

#### **Roberto C Tongson MD**

Accepting new patients

212 Bassett St, King City, CA 93930

(831) 386-9542

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Tooms, Erin MSPT**

*Physical Therapy (PT or DPT)*

#### **Damon Anderson And Associates Physical Therapy**

Accepting new patients

980 Cass St Ste A, Monterey, CA 93940

(831) 375-2466

### **Trapp, Terrence MD**

*Otolaryngology*

#### **Central Coast Head And Neck Surgeons**

Accepting new patients

1095 Los Palos Dr, Salinas, CA 93901

(831) 422-8798

### **Tray, Nancy MD**

*Hematology/Oncology*

#### **Pacific Cancer Care**

Accepting new patients

5 Harris Ct Bldg T Ste 201, Monterey, CA 93940

(831) 375-4105

### **Trieu, Chuyen MD**

*Pediatrics*

#### **Salinas Pediatric Medical Group**

Accepting new patients

601 E Romie Lane Ste 3, Salinas, CA 93901

(831) 422-9066

### **Trost, Stephanie MD**

*Internal Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901

(831) 751-7070

### **Udwadia, Neville MD**

*Rheumatology*

#### **Neville V Udwadia MD**

Accepting new patients

576 Hartnell St Ste 200, Monterey, CA 93940

(831) 373-7400

### **Uota, Katrina PT**

*Physical Therapy (PT or DPT)*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 100, Salinas, CA 93901

(831) 755-3578

### **Valentin, Michael DPT**

*Physical Therapy (PT or DPT)*

#### **Myers Physical Therapy**

Accepting new patients

224 San Jose St Ste 1, Salinas, CA 93901

(831) 757-1900

### **Torba, Daniel MD**

*Family Medicine*

#### **Montage Medical Group**

Only accepting current patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

### **Trauner, Michael MD**

*Dermatology*

#### **Golden State Dermatology Associates**

Accepting new patients

100 Clock Tower Pl Ste 250, Carmel, CA 93923

(831) 308-4570

### **Trieu, Chuyen MD**

*Pediatrics*

#### **Salinas Pediatric Medical Group**

Accepting new patients

505 E Romie Ln Ste K, Salinas, CA 93901

(831) 422-9066

### **Trokel, Matthew MD**

*Pediatrics*

#### **LPCH Medical Group**

Accepting new patients

1900 Garden Rd Ste 110, Monterey, CA 93940

(831) 372-5841

### **Tull, Blair MD**

*Obstetrics and Gynecology*

#### **Salinas Valley Health**

Accepting new patients

250 San Jose St, Salinas, CA 93901

(831) 758-8223

### **Udwadia, Neville MD**

*Rheumatology*

#### **Neville V Udwadia MD**

Accepting new patients

750 E Romie Ln Ste D, Salinas, CA 93901

(831) 424-1100

### **Uota, Katrina PT**

*Physical Therapy (PT or DPT)*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902

(831) 757-3041

### **Vanderburg, Sky MD**

*Pulmonary Disease*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940

(831) 333-3040

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Vargas, Miguel DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients  
143 John St, Salinas, CA 93901  
(831) 422-4782

### **Varma, Geetha MD**

*Hematology/Oncology*

#### **Salinas Valley Health**

Accepting new patients  
505 E Romie Ln Ste A, Salinas, CA 93901  
(831) 755-1701

### **Velasco, Victor MD**

*Obstetrics and Gynecology*

#### **Bay Area Gynecology Oncology**

Accepting new patients  
455 Oconnor Dr Ste 370, San Jose, CA 95128  
(408) 827-4274

### **Ventriglia-Rogers, Leann PT**

*Physical Therapy (PT or DPT)*

#### **Monterey Spine And Joint**

Accepting new patients  
21 Lower Ragsdale Dr, Monterey, CA 93940  
(831) 648-7200

### **Vetter, Steven MD**

*Otolaryngology*

#### **Central Coast Head And Neck Surgeons**

Accepting new patients  
966 Cass St Ste 250, Monterey, CA 93940  
(831) 649-4000

### **Volpe, Katherine MD**

*Obstetrics and Gynecology*

#### **Bay Area Gynecology Oncology**

Accepting new patients  
455 Oconnor Dr Ste 370, San Jose, CA 95128  
(408) 827-4274

### **Wang, Aileen MD**

*Endocrinology*

#### **Salinas Valley Health**

Accepting new patients  
355 Abbott St Ste 200, Salinas, CA 93901  
(831) 422-3636

### **Wesley, Sharon MD**

*Family Medicine*

#### **Sharon M Wesley MD**

Only accepting current patients  
2 Upper Ragsdale Dr Ste B 270, Monterey, CA 93940  
(831) 646-5990

### **Vargas, Miguel DPT**

*Physical Therapy (PT or DPT)*

#### **Balance Physical Therapy**

Accepting new patients  
2260 N Fremont St, Monterey, CA 93940  
(831) 372-4782

### **Velaer, Kyla MD**

*Urology*

#### **Montage Medical Group**

Accepting new patients  
2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940  
(831) 333-3040

### **Veliz, Pablo MD**

*Family Medicine*

#### **Montage Medical Group**

Only accepting current patients  
275 Crossroads Blvd Ste A, Carmel, CA 93923  
(831) 718-9701

### **Verlenden, William MD**

*General Surgery*

#### **Montage Medical Group**

Accepting new patients  
2 Upper Ragsdale Dr Ste B230, Monterey, CA 93940  
(831) 649-0808

### **Vierra, Mark MD**

*General Surgery*

#### **Montage Medical Group**

Accepting new patients  
2 Upper Ragsdale Dr Ste B230, Monterey, CA 93940  
(831) 649-0808

### **Waloff, Ronald MD**

*Gastroenterology*

#### **Los Palos Gastroenterology Specialists Inc**

Accepting new patients  
1083 Los Palos Dr, Salinas, CA 93901  
(831) 424-8888

### **Welch, Kearnan DO**

*Endocrinology*

#### **Montage Medical Group**

Accepting new patients  
2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940  
(831) 333-3040

### **Whisler, Charles MD**

*Ophthalmology*

#### **Vantage Eye Center**

Accepting new patients  
966 Cass St Ste 100, Monterey, CA 93940  
(831) 373-7733

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Wilcox, Graciela MD**

*Pediatrics*

#### **Monterey Peninsula Pediatric Medical Group**

Accepting new patients

2 Upper Ragsdale Drive, Suite B210, Monterey, CA 93940  
(831) 333-0999

### **Williams-Lijbers, Gretta PT**

*Physical Therapy (PT or DPT)*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 100, Salinas, CA 93901  
(831) 755-3578

### **Wong, Angela MD**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901  
(831) 751-7070

### **Wright, Francis MD**

*Obstetrics and Gynecology*

#### **Montage Medical Group**

Accepting new patients

23845 Holman Hwy Ste 227, Monterey, CA 93940  
(831) 624-3579

### **Yarlagadda, Santi MD**

*Cardiovascular Disease*

#### **Montage Medical Group**

Accepting new patients

30 Garden Ct Ste B, Monterey, CA 93940  
(831) 647-1123

### **Yoneda, Glenn MD**

*Internal Medicine*

#### **Salinas Valley Health**

Accepting new patients

355 Abbott St Ste 100, Salinas, CA 93901  
(831) 751-7070

### **Yoo, Mi Hwa MD**

*Pediatrics*

#### **Salinas Pediatric Medical Group**

Accepting new patients

601 E Romie Lane Ste 3, Salinas, CA 93901  
(831) 422-9066

### **Yu, Albert MD**

*Pediatrics*

#### **LPCH Medical Group**

Accepting new patients

1900 Garden Rd Ste 110, Monterey, CA 93940  
(831) 372-5841

### **Wilkins, John MD**

*Sleep Medicine*

#### **Montage Medical Group**

Accepting new patients

2 Upper Ragsdale Dr Bldg A, Monterey, CA 93940  
(831) 333-3040

### **Winter, Amy MD**

*Pediatrics*

#### **Pacific Coast Pediatrics**

Accepting new patients

260 San Jose St, Salinas, CA 93901  
(831) 757-8124

### **Wong, Willard MD**

*Orthopedic Surgery*

#### **Salinas Valley Health**

Accepting new patients

611 Abbott St Ste 101, Salinas, CA 93902  
(831) 757-3041

### **Yamamoto, Shelley MD**

*Pediatrics*

#### **Pacific Coast Pediatrics**

Accepting new patients

260 San Jose St, Salinas, CA 93901  
(831) 757-8124

### **Yee, George MD**

*Cardiovascular Disease*

#### **Salinas Valley Health**

Accepting new patients

5 Lower Ragsdale Dr Ste 102, Monterey, CA 93940  
(831) 649-3375

### **Yoo, Mi Hwa MD**

*Pediatrics*

#### **Salinas Pediatric Medical Group**

Accepting new patients

505 E Romie Ln Ste K, Salinas, CA 93901  
(831) 422-9066

### **Youngflesh, Kyle DO**

*Family Medicine*

#### **Salinas Valley Health**

Accepting new patients

501 E Romie Ln Ste A, Salinas, CA 93901  
(831) 676-0210

### **Zeidberg, Jennifer MD**

*Obstetrics and Gynecology*

#### **Jennifer F Zeidberg MD**

Accepting new patients

243 El Dorado St Ste 201, Monterey, CA 93940  
(831) 375-1501

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

### **Zetterlund, Patrik MD**

*Interventional Cardiology*

#### **Salinas Valley Health**

Accepting new patients

230 San Jose St, Salinas, CA 93901

(831) 758-2100

### **Zhang, Lulu MD**

*Hematology/Oncology*

#### **Pacific Cancer Care**

Accepting new patients

5 Harris Ct Bldg T Ste 201, Monterey, CA 93940

(831) 375-4105

### **Zupancic, Michael MD**

*Neurology*

#### **Salinas Valley Health**

Accepting new patients

1033 Los Palos Dr Ste A, Salinas, CA 93901

(831) 757-2058

*Anesthesiology*

#### **Cypress Coast Anesthesia Medical Group**

450 E Romie Ln, Salinas, CA 93901

*Anesthesiology*

#### **Fulton Anesthesia A Professional Nursing Corporation**

416 B Main St VIVA, Salinas, CA 93901

*Anesthesiology*

#### **LAS a Professional Nursing Corporation**

416-B Main St, Salinas, CA 93901

*Anesthesiology*

#### **Ventana Anesthesia Associates**

Various Locations, Monterey County, CA 93940

(831) 624-5311

*Anesthesiology*

#### **Ventana Anesthesia Associates**

Various Locations, Monterey County, CA 93940

(831) 649-9300

### **Zetterlund, Patrik MD**

*Interventional Cardiology*

#### **Salinas Valley Health**

Accepting new patients

5 Lower Ragsdale Dr Ste 102, Monterey, CA 93940

(831) 649-3375

### **Zhao, Hong MD**

*Hematology/Oncology*

#### **Salinas Valley Health**

Accepting new patients

505 E Romie Ln Ste A, Salinas, CA 93901

(831) 755-1701

*Anesthesiology*

#### **ACN Nursing Anesthesia Inc**

416-B Main St, Salinas, CA 93901

*Anesthesiology*

#### **DMD Anesthesia A Professional Nursing Corporation**

416-B Main St, Salinas, CA 93901

*Anesthesiology*

#### **Iwata Nursing Anesthesia Services Inc**

VIVA 416-B Main St, Salinas, CA 93901

*Anesthesiology*

#### **Ventana Anesthesia Associates**

Various Locations, Monterey County, CA 93940

(831) 333-4002

*Anesthesiology*

#### **Ventana Anesthesia Associates**

Various Locations, Monterey County, CA 93940

(831) 649-1126

*Cardiac Services*

#### **Community Hospital of the Monterey Peninsula -**

##### **Cardiopulmonary Wellness**

2920 2nd Ave, Ste 120, Marina, CA 93933

(831) 883-5660

# Blue Shield Trio HMO Roster

\*participating providers subject to change\*

## *Cardiac Services*

### **Community Hospital of the Monterey Peninsula - Tyler**

#### **Heart Institute Cardiovascular Test Center**

2 Upper Ragsdale Dr Bldg C Ste 120, Monterey, CA 93940

(831) 622-8070

## *Hospice Care*

### **Community Hospital of the Monterey Peninsula - Hospice of the Central Coast**

2 Upper Ragsdale Dr, Bldg D, Ste 120, Monterey, CA 93940

(831) 649-7750

## *Hospital*

### **Community Hospital of the Monterey Peninsula**

23625 Holman Hwy, Monterey, CA 93940

(831) 624-5311

## *Hospital*

### **UCSF Medical Center**

505 Parnassus Ave., San Francisco, CA 94143

(415) 476-1000

## *Hospitalist Group*

### **Monterey Hospitalist Medical Group**

Various Locations, Monterey County, CA 93940

## *Hospitalist Group*

### **Salinas Valley Emergency Medical Group**

Various Locations, Monterey County, CA 93940

(831) 759-1840

## *Imaging Services*

### **Salinas Valley Health - Imaging**

626 Brunken Ave, Salinas, CA 93901

(831) 775-5200

## *Imaging Services*

### **Salinas Valley Health - Outpatient Imaging**

444 E Romie Ln, Salinas, CA 93901

(831) 755-0740

## *Cardiac Services*

### **Salinas Valley Health - Cardiac Wellness**

120 Wilgart Way, Salinas, CA 93901

(831) 759-1995

## *Hospice Care*

### **Community Hospital of the Monterey Peninsula - Westland House**

100 Barnet Segal Ln, Monterey, CA 93940

(831) 658-3737

## *Hospital*

### **Salinas Valley Health Medical Center**

450 E Romie Ln, Salinas, CA 93901

(831) 757-4333

## *Hospitalist Group*

### **Monterey Bay Emergency Physicians Medical Group**

Various Locations, Monterey County, CA 93940

## *Hospitalist Group*

### **OBHG California, PC**

Various Locations, Monterey County, CA 93940

## *Imaging Services*

### **Community Hospital of the Monterey Peninsula - Community Imaging Center**

2 Upper Ragsdale Dr, Bldg D, Ste 100, Monterey, CA 93940

(831) 649-7700

## *Imaging Services*

### **Salinas Valley Health - Imaging**

559 Abbott St, Salinas, CA 93940

(831) 775-5200

## *Laboratory*

### **Community Hospital of the Monterey Peninsula - Laboratory**

23625 Holman Hwy, Monterey, CA 93940

(831) 625-4811

## Blue Shield Trio HMO Roster

\*participating providers subject to change\*

*Laboratory*

**Community Hospital of the Monterey Peninsula -  
Laboratory**

256 Crossroads Blvd Rio Rd and Hwy 1, Ste 256, Carmel,  
CA 93923  
(831) 625-4811

*Laboratory*

**Community Hospital of the Monterey Peninsula -  
Laboratory**

2 Upper Ragsdale Dr, Bldg D, Ste 100, Monterey, CA  
93940  
(831) 625-4811

*Laboratory*

**Community Hospital of the Monterey Peninsula -  
Laboratory**

2920 2nd Ave, Ste 100, Marina, CA 93933  
(831) 625-4811

*Laboratory*

**Community Hospital of the Monterey Peninsula -  
Laboratory**

576 Hartnell St, Monterey, CA 93940  
(831) 625-4811

*Laboratory*

**Foundation Laboratory**

1716 West Holt Ave, Pomona, CA 91768

*Laboratory*

**Invitae Corp - Iselin**

485 F US Highway 1 Ste, 110, Iselin, NJ 08830  
(800) 436-3037

*Laboratory*

**Invitae Corp - San Francisco**

1400 16th St, San Francisco, CA 94103  
(800) 436-3037

*Laboratory*

**Quest Diagnostics - Del Rey Oaks**

815 Canyon Del Rey Blvd, Monterey, CA 93940  
(831) 718-3531

*Laboratory*

**Quest Diagnostics - Marina**

294 Reservation Rd, Marina, CA 93933  
(831) 384-6091

*Laboratory*

**Quest Diagnostics - Monterey**

757 Pacific St, Ste B1, Monterey, CA 93940  
(831) 373-1871

*Laboratory*

**Quest Diagnostics - Pacific Grove**

1212 Forest Ave, Pacific Grove, CA 93950  
(831) 718-9402

*Laboratory*

**Quest Diagnostics - Salinas**

212 San Jose St, Ste 101, Salinas, CA 93901  
(831) 424-3452

*Laboratory*

**Quest Diagnostics - Salinas**

631 E Alvin Dr, Ste G1, Salinas, CA 93906  
(831) 751-2280

*Laboratory*

**Salinas Valley Health - Laboratory**

420 E Romie Ln, Ste C, Salinas, CA 93901  
(831) 771-3816

*Laboratory*

**Salinas Valley Health - Laboratory**

230 San Jose St, Salinas, CA 93901  
(831) 751-7070

*Laboratory*

**Salinas Valley Health - Laboratory**

1328 Natividad Rd, Salinas, CA 93906  
(831) 757-8081



# Blue Shield Trio HMO Roster

\*participating providers subject to change\*

## *Laboratory*

### **Salinas Valley Health - Laboratory**

5 Lower Ragsdale Dr, Monterey, CA 93940  
(831) 751-7070

## *Laboratory*

### **Salinas Valley Health - Laboratory**

252 San Jose St 2nd Floor, Salinas, CA 93901  
(831) 751-7070

## *Laboratory*

### **Salinas Valley Health - Laboratory**

355 Abbott St Ste 100, Salinas, CA 93901  
(831) 751-7070

## *Mammography Services*

### **Community Hospital of the Monterey Peninsula - Carol Hatton Breast Care Center**

2 Upper Ragsdale Dr, Bldg C, Ste 101, Monterey, CA 93940  
(831) 622-2760

## *Mammography Services*

### **Mammography Center Of Monterey**

700 Cass St Ste 120, Monterey, CA 93940  
(831) 373-8932

## *Mammography Services*

### **Salinas Valley Health - Nancy Ausonio Breast Health Center**

240 San Jose St, Salinas, CA 93901  
(831) 759-3091

## *Pathology Services*

### **Associated Pathology Medical Group, Inc**

105A Cooper Ct, Los Gatos, CA 95032  
(408) 399-5010

## *Pathology Services*

### **Monterey Pathologists, A Medical Group**

Various Locations, Monterey County, CA 93940

## *Pathology Services*

### **Salinas Pathology Services**

535 E Romie Ln Ste 8, Salinas, CA 93901  
(831) 758-1223

## *Radiology Services*

### **Community Hospital of the Monterey Peninsula - Radiology Services**

2920 2nd Ave, Ste 100, Marina, CA 93933  
(831) 625-8411

## *Radiology Services*

### **Community Hospital of the Monterey Peninsula - Radiology Services**

576 Hartnell St, Monterey, CA 93940  
(831) 658-3070

## *Radiology Services*

### **Community Hospital of the Monterey Peninsula - Radiology Services**

23625 Holman Hwy, Monterey, CA 93940  
(831) 625-4830

## *Radiology Services*

### **Peninsula Radiation Oncology**

Various Locations, Monterey County, CA 93940

## *Radiology Services*

### **Salinas Valley Radiologists**

626 Brunken Ave, Salinas, CA 93901  
(831) 758-8155

## *Rehabilitation Services*

### **Community Hospital of the Monterey Peninsula - Rehabilitation Services**

576 Hartnell St, Ste 120, Monterey, CA 93940  
(831) 883-5640

## *Rehabilitation Services*

### **Community Hospital of the Monterey Peninsula - Rehabilitation Services**

576 Hartnell St, Ste 200, Monterey, CA 93940  
(831) 883-5640

# Blue Shield Trio HMO Roster

\*participating providers subject to change\*

## *Rehabilitation Services*

### **Community Hospital of the Monterey Peninsula - Rehabilitation Services**

1910 N Davis Rd, Salinas, CA 93907  
(831) 883-5640

## *Rehabilitation Services*

### **Community Hospital of the Monterey Peninsula - Rehabilitation Services**

2920 2nd Ave, Ste 110, Marina, CA 93933  
(831) 883-5640

## *Sleep Care*

### **Salinas Valley Health - Sleep Center**

120 Wilgart Way, Salinas, CA 93901  
(831) 759-1920

## *Urgent Care*

### **Doctors on Duty Medical Group**

1513 Fremont Blvd, Ste E1, Seaside, CA 93955  
(831) 899-1910

## *Urgent Care*

### **Doctors on Duty Medical Group**

1212 S Main St, Salinas, CA 93901  
(831) 422-7777

## *Urgent Care*

### **Doctors on Duty Medical Group**

6800 Soquel Dr, Aptos, CA 95003  
(831) 662-3611

## *Urgent Care*

### **Doctors on Duty Medical Group**

1505 Main St, Watsonville, CA 95076  
(831) 722-1444

## *Urgent Care*

### **MoGo Urgent Care**

2930 2nd Ave., Ste 120, Marina, CA 93933  
(831) 622-6935

## *Rehabilitation Services*

### **Community Hospital of the Monterey Peninsula - Rehabilitation Services**

2920 2nd Ave, Marina, CA 93933  
(831) 883-5640

## *Sleep Care*

### **Community Hospital of the Monterey Peninsula - Sleep Disorders Center**

2 Upper Ragsdale Dr, Bldg D, Ste 220, Monterey, CA 93940  
(831) 649-7210

## *Sleep Care*

### **Spark Sleep Solutions**

101 Wilson Rd, Monterey, CA 93940  
(408) 490-0182

## *Urgent Care*

### **Doctors on Duty Medical Group**

501 Lighthouse Ave, Monterey, CA 93940  
(831) 649-0770

## *Urgent Care*

### **Doctors on Duty Medical Group**

615 Ocean St, Santa Cruz, CA 95060  
(831) 425-7991

## *Urgent Care*

### **Doctors on Duty Medical Group**

3130 Del Monte Blvd, Marina, CA 93933  
(831) 883-3330

## *Urgent Care*

### **MoGo Urgent Care**

26135 Carmel Rancho Blvd Ste B-1, Carmel, CA 93923  
(831) 622-6940

## *Urgent Care*

### **MoGo Urgent Care**

2020 Del Monte Ave, Ste B, Monterey, CA 93940  
(831) 622-6930