

<b>UTILIZATION MANAGEMENT</b>	 <b>ASPIRE HEALTH PLAN</b>		<u>Effective Date</u>	
			01/01/2021	
			<u>Policy #</u>	
			AHP ASO-HS067	
<b>DIRECT ACCESS TO OB/GYN</b>		<u>Review Date</u>	<u>Applicable to:</u>	
		3/20/2024	<input type="checkbox"/> Medicare Advantage <input checked="" type="checkbox"/> Commercial <input checked="" type="checkbox"/> Anthem HMO <input checked="" type="checkbox"/> Blue Shield Trio	
<u>Approver's Name &amp; Title</u>		Kellie Verdugo, RN – UM Director		

### 1.0 PURPOSE

- 1.1 The inability to access comprehensive reproductive and sexual health services in a timely manner can lead to negative health outcomes. The purpose of this policy is to confirm that Members may designate their OB/GYN as their PCP, and that Members are not required to obtain authorizations for routine and preventive reproductive health care services provided by an OB/GYN.

### 2.0 POLICY

- 2.1 AHP ensures that their all their female Members have direct access to family planning and reproductive health services provided by an OB/GYNs regardless of their selection of their PCP.
- 2.2 Members will not be required to obtain prior approval from another physician, another provider, or the health plan prior to obtaining direct access to OB/GYN services.
- 2.3 Anthem may establish reasonable requirements for the participating OB/GYN or family practice physician and surgeon.
- 2.4 Members will not be required to communicate with their primary care physician and surgeon regarding their condition, treatment, and any need for follow up care.

### 3.0 DEFINITIONS

- 3.1 Refer to AHP Definitions Manual

### 4.0 PROCEDURE

- 4.1 Member does not need to obtain a referral from a PCP, and no other type of authorization from the member is required to visit the OB/GYN. AHP will ensure that provider meets both Federal and California Health and Safety Code criteria.

- 4.1.1 When AHP is notified by the member they have chosen their OB/GYN as their PCP, it will be noted in the utilization management system to reflect their choice.

- 4.1.2 Member will be made aware that no referrals or prior authorization is required to see routine and preventive women's health services (e.g., mammography screening services, pap smears, and pelvic and breast exams)

## **5.0 TRAINING**

- 5.1 Training for employees will occur within 90 days of hire, and upon updates to the policy.

## **6.0 REVIEW PERIOD**

- 6.1 Annually.

## **7.0 REGULATORY REQUIREMENTS AND REFERENCES**

- 7.1 California Health and Safety Code § 1367.695
- 7.2 29 CFR 2590.715

## **8.0 POLICY VIOLATION**

Any AHP associate or contractor who fails to abide by this policy may be subject to disciplinary action, up to, and including termination. Please refer to AHP's Disciplinary Guidelines and Enforcement Policy for further details.