


<b>Utilization Management</b>	 <b>ASPIRE HEALTH PLAN</b>	<b><u>Effective Date</u></b>	
		01/01/2021	
		<b><u>Policy #</u></b>	
		AHP ASO-HS053	
	<b>LANGUAGE ASSISTANCE PROGRAM (LAP)</b>	<b><u>Review Date</u></b>	<b><u>Applicable to:</u></b>
		6/16/2022	<input type="checkbox"/> Medicare Advantage <input type="checkbox"/> Commercial <input checked="" type="checkbox"/> Anthem HMO <input checked="" type="checkbox"/> Blue Shield Trio
	<b><u>Approver's Name &amp; Title</u></b>		
	Eva Balint, MD – Chief Medical Officer		

## 1.0 PURPOSE

- 1.1 This policy and procedure addresses Aspire Health Plan's ("AHP") language assistance program ("LAP"), which complies with the applicable requirements and standards established by Health and Safety Code Section 1367.04.
- 1.2 AHP ensures that members are provided access to interpreter services at key medical points of contact, including the Utilization Management department.
- 1.3 AHP is not delegated to provide language assistance services via its commercial product contract.

## 2.0 POLICY

- 2.1 AHP will timely direct and/or forward all member-related interpretation and translation requests received via telephone call, facsimile, email, or mail to commercial clients (including Anthem and Blue Shield) for appropriate language assistance services.
- 2.2 AHP will communicate notices to members in clear, concise language and drafted at an 8<sup>th</sup> grade reading level.

## 3.0 DEFINITIONS

- 3.1 "Interpretation" means the act of listening to something spoken or reading something written in one language (source language) and orally expressing it accurately and with appropriate cultural relevance into another language (target language).
- 3.2 "Limited English Proficient" or "LEP" Enrollee means an enrollee who has an inability or a limited ability to speak, read, write, or understand the English language at a level that permits that individual to interact effectively with health care providers or plan employees.
- 3.3 "Threshold Language(s)" means the language(s) identified by a plan pursuant to HSC Section 1367.04(b)(1)(A).
- 3.4 "Translation" means replacement of a written text from one language (source language) with an equivalent written text in another language (target language).
- 3.5 "Vital Documents" include the following documents, when produced by the Full-Service Health Plan Partner, including when the production or distribution is delegated, that must be translated:

- 3.5.1 Applications;
- 3.5.2 Consent forms, including any form by which an enrollee authorizes or consents to any action by the plan;
- 3.5.3 Letters containing important information regarding eligibility and participation criteria;
- 3.5.4 Notices pertaining to the denial, reduction, modification, or termination of services and benefits, and the right to file a grievance or appeal;
- 3.5.5 Notices advising LEP enrollees of the availability of free language assistance and other outreach materials that are provided to enrollees;
- 3.5.6 A plan's explanation of benefits or similar claim processing information that is sent to an enrollee if the document requires a response from the enrollee; and
- 3.5.7 Subject to subsection (c)(2)(F)(ii), the enrollee disclosures required by Section HSC Section 1363(a)(1), (2) and (4).

#### **4.0 PROCEDURE**

##### **4.1 Directing and Forwarding Interpretation and Translation Requests to Anthem:**

- 4.1.1 Enrollees, their authorized representative, or their provider may contact AHP by telephone call, facsimile or mail to request language assistance services, including but not limited to interpretation, including American Sign Language and TTY services, and translation of Vital and other documents, including in threshold languages, braille, large print, and other accessible formats.
- 4.1.2 Requests received via telephone will be provided Anthem's language assistance request contact information and, if desired, transferred real-time by forwarding the call to Anthem 1-888-254-2721 (TTY/TDD: 711). The name and contact information for the individual making the request shall be documented in the system of record.
- 4.1.3 Urgent requests for translation or interpretation received via facsimile or mail will be date stamped (system generated or hand stamped) and emailed within one (1) business day of receipt to [ssp.interpret@Anthem.com](mailto:ssp.interpret@Anthem.com) with the word "secure" in the subject line. A copy of the request will be scanned and saved to the system of record, along with the name and contact information for the individual making the request.
- 4.1.4 Non-urgent requests for translation or interpretation received via facsimile or mail will be date stamped (system generated or hand stamped) and faxed within two (2) business days of receipt to [ssp.interpret@Anthem.com](mailto:ssp.interpret@Anthem.com) with the word "secure" in the subject line. A copy of the request will be scanned and saved to the system of record, along with the name and contact information for the individual making the request.

##### **4.2 Directing and Forwarding Interpretation and Translation Requests to Blue Shield:**

- 4.2.1 Enrollees, their authorized representative, or their provider may contact AHP by telephone call, facsimile or mail to request language assistance services, including but not limited to interpretation, including American Sign Language and TTY services, and translation of Vital and other documents, including in threshold languages, braille, large print, and other accessible formats.
- 4.2.2 Access to telephonic interpretation services through Provider Customer Services at (800) 541-6652. AHP will be guided by Voice Response Unit (VRU) menu prompts to request access to spoken interpretation services for a member over the phone (in almost any language) or hear information on how to obtain vital document translation (available in Blue Shield's threshold languages only: Spanish, Chinese – Traditional, and Vietnamese) on behalf of a member.
- 4.2.3 If AHP receives a request for a vital document translation, it will forward it to Blue Shield within 1 business day if it is urgent or within 2 days if it is not urgent.

4.2.4 To forward the vital document to Blue Shield:

4.2.4.1 Complete Blue Shield's "Language Assistance Form" available at Provider Connection at [blueshieldca.com/provider](http://blueshieldca.com/provider) under Guidelines & resources, Patient care resources, and then Language Assistance Program;

4.2.4.2 Attach a copy of the document to be translated;

4.2.4.3 Fax the request to (248) 733-6331.

#### **4.3 Ensuring Decisions meet commercial client readability standards**

4.3.1 Denial letters will be drafted by the UM Nurse in simple, clear language at an 8th grade readability level, based on the Medical Director's reason for denial. The coordinator will transfer the reason into the denial letter and test it for readability at the 8th grade level per the Flesch-Kincaid Tool prior to sending.

#### **4.4 Tracking Requests**

4.4.1 AHP will track member requests (e.g., log, electronic monitoring, copy retention) for translation services includes. Tracking will include:

4.4.1.1 Date and time the request for translation or vital document was received

4.4.1.2 Date and time the member request and/or vital document was forwarded to the Health Plan

### **5.0 TRAINING**

**5.1** AHP provides adequate training regarding its LAP to all plan staff who have routine contact with LEP enrollees. The training shall include instruction on:

**5.2** Knowledge of the plan's policies and procedures for language assistance;

**5.3** Working effectively with LEP enrollees;

**5.4** Working effectively with interpreters in person and through video, telephone and other media, as may be applicable; and

**5.5** Understanding the cultural diversity of the plan's enrollee population and sensitivity to cultural differences relevant to delivery of health care interpretation services. Training of applicable personnel regarding Language Assistance requirements will occur within ninety (90) days of hire, annually, upon updates to the policy, and as otherwise needed.

### **6.0 REVIEW PERIOD**

6.1 Annually

### **7.0 REGULATORY REQUIREMENTS AND REFERENCES**

7.1 California Health and Safety Code 1367.04(1)(A)(i)

7.2 28 CCR Rule 1300.67.04

7.3 Section 1557 of the Affordable Care Act (ACA)

### **8.0 POLICY VIOLATION**

Any AHP associate or contractor who fails to abide by this policy may be subject to disciplinary action, up to, and including termination. Please refer to AHP's Disciplinary Guidelines and Enforcement Policy for further details.